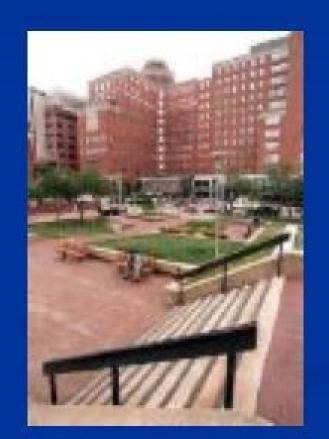
# Less Invasive Lumbar Fusion

#### Hugo E. Benalcazar, MD

Chief, Div. Neurosurgery Upper Chesapeake Med. Cntr. Co-Director, Sinai Hospital of Baltimore Brain & Spine Institute Clin.Asst. Prof. Neurosurgery U. of Maryland School of Medicine







#### Less Invasive Lumbar Fusion

Anterior: Mini-open

Anterior Lumbar Interbody Fusion: ALIF

Posterior: Mini-Open or Percutaneous

Pedicle screw Fusion

Interbody: TLIF with Screws

# Example: ALIF Anterior Lumbar Interbody Fusion

- Mini-Open: 3 inch incision paraumbilical
- Retroperitoneal: 10 minute exposure time
- Complete Disc Removal +/- PLL
- Insert Peek Spacer with BMP
- Anterior Plate

### **ALIF Benefits**

- Excellent Visualization of Disc Space
- Able to Completely remove Disc/Cartilage and prepare Endplates
- Large, Lordotic Graft
- Able to restore Lordosis
- Able to Open Foramen and Decompress Lateral Recess
- Does not require nerve root retraction
- Posterior para-spinal musculature spared
- No future scar tissue around the neurovascular elements

### **ALIF** Negatives

- Life threatening approach
- Must have capable access surgeon
- Intraoperative Complications
  - Vessel injury/thrombosis
  - Retrograde Ejaculation
- Postoperative Ileus
- Graft Extrusion
- May Need additional stabilization

### **ALIF Stability**

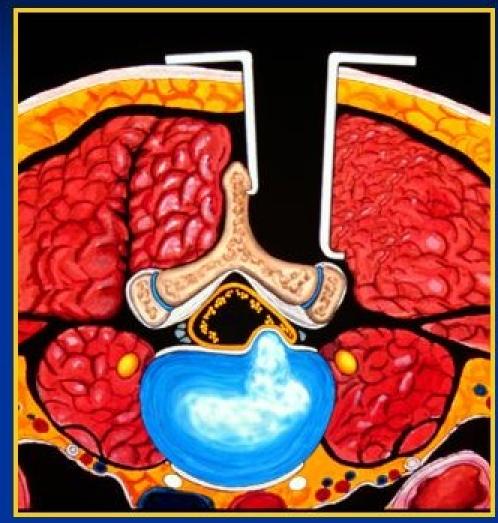
- ■Stand-Alone
- Anterior Plate
- Translaminar Screws

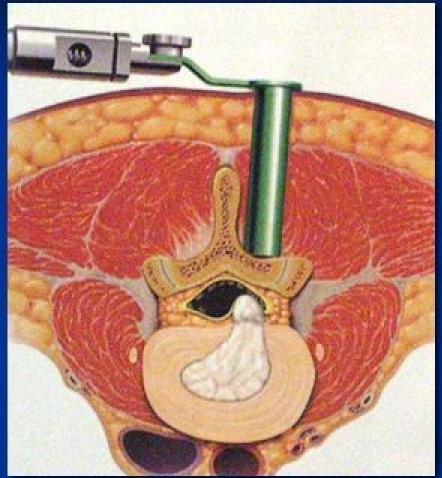
■ Pedicle Screws – Ideally Could Be Placed in a Minimally Invasive Way

# Common Access Portal via the ProView Tubular Retractor System



### Example: Minimally Invasive Approach to the Disk Space



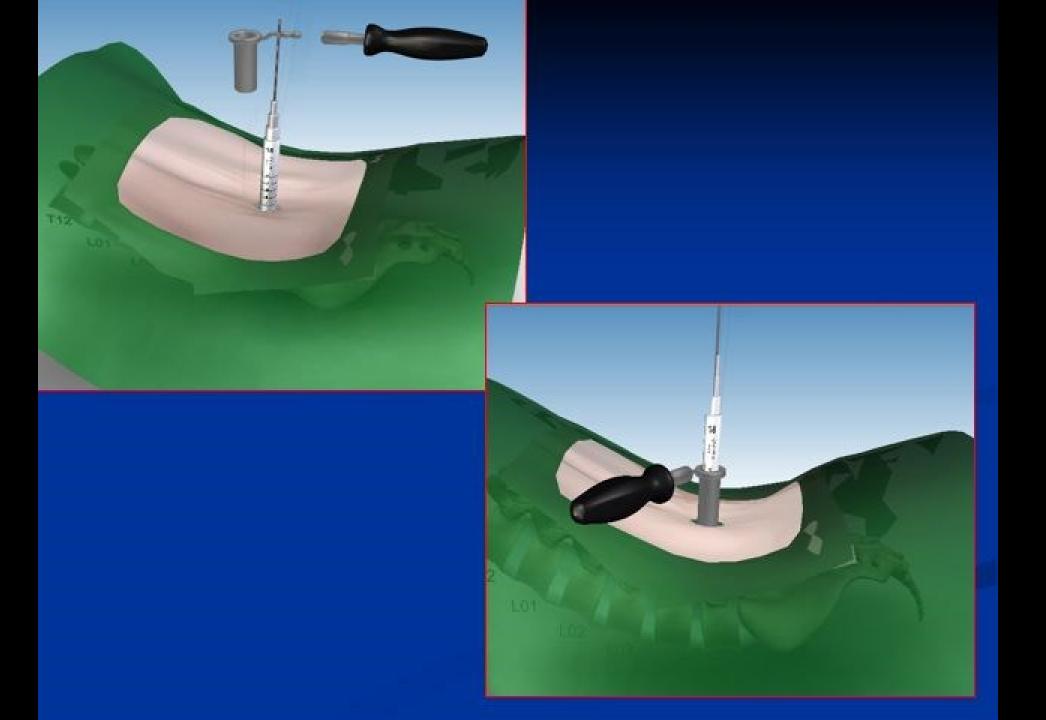


# Placement of Tubular Retractor for Disk Space Access

 Place K-wire at Inferior Laminar Edge at Junction of Spinous Process



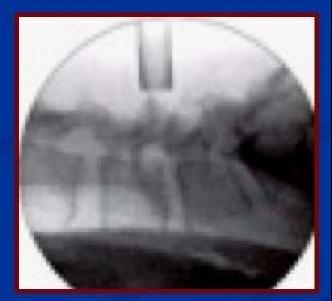




# Tubular Retractors can be used For: Placement of pedicle screws Placement of Interbody Device







## Percutaneous Pedicle Screws

## Percutaneous Pedicle Screws Positives

- Do not detach Paraspinous Muscles from Midline structures
- Less Pain
- Less Inpatient Days
- Faster Rehab
- Better Long Term Function of musculature

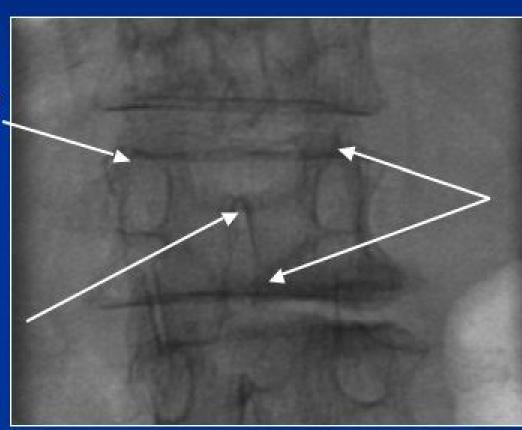
# Percutaneous Pedicle Screws Negatives

- Decompression
  - Adequacy of MISS decompression
  - Amount of Incisions and Time
- Fusion
  - Facet Joint
  - **■** Intertransverse
- Accuracy

# "True" A-P Image Shows Where to Mark Skin for Incision

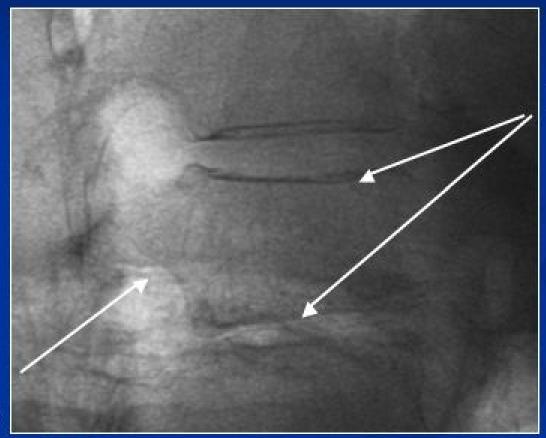
Pedicles in upper half of vertebral body

Spinous process equidistant between pedicles



Endplates parallel

### "True" Lateral Image

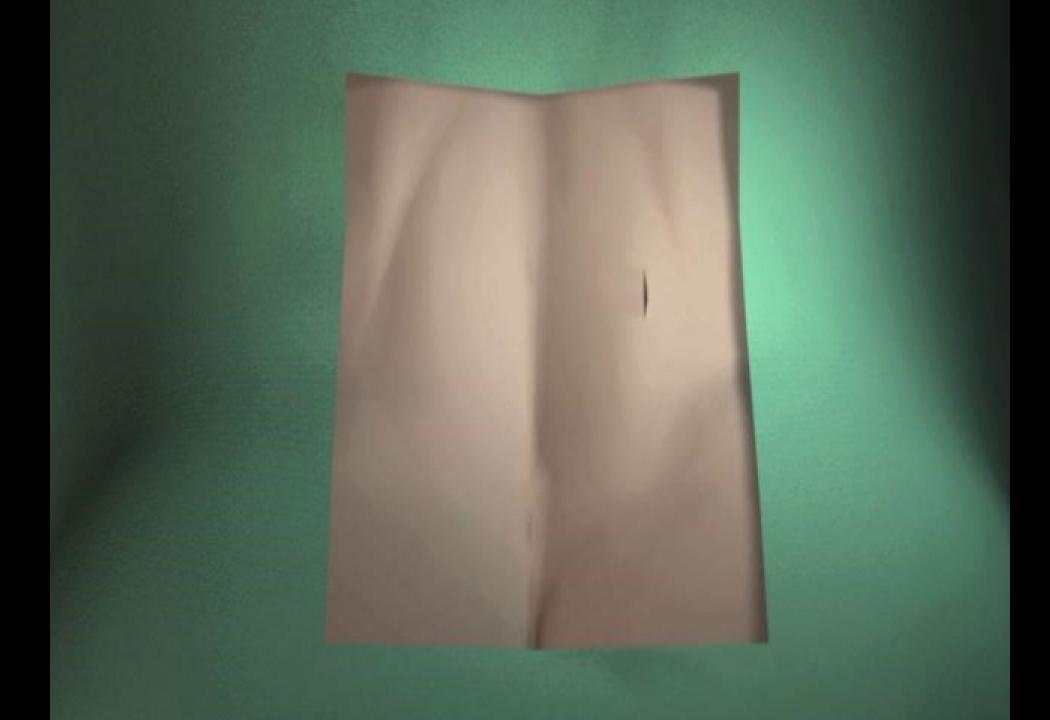


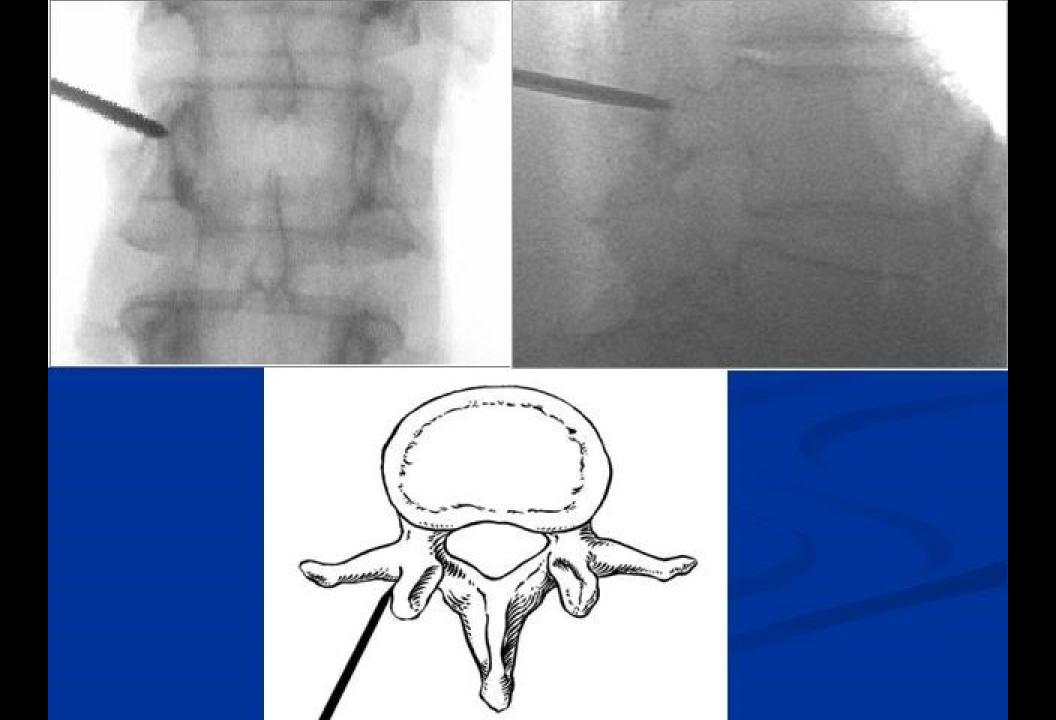
Endplates parallel

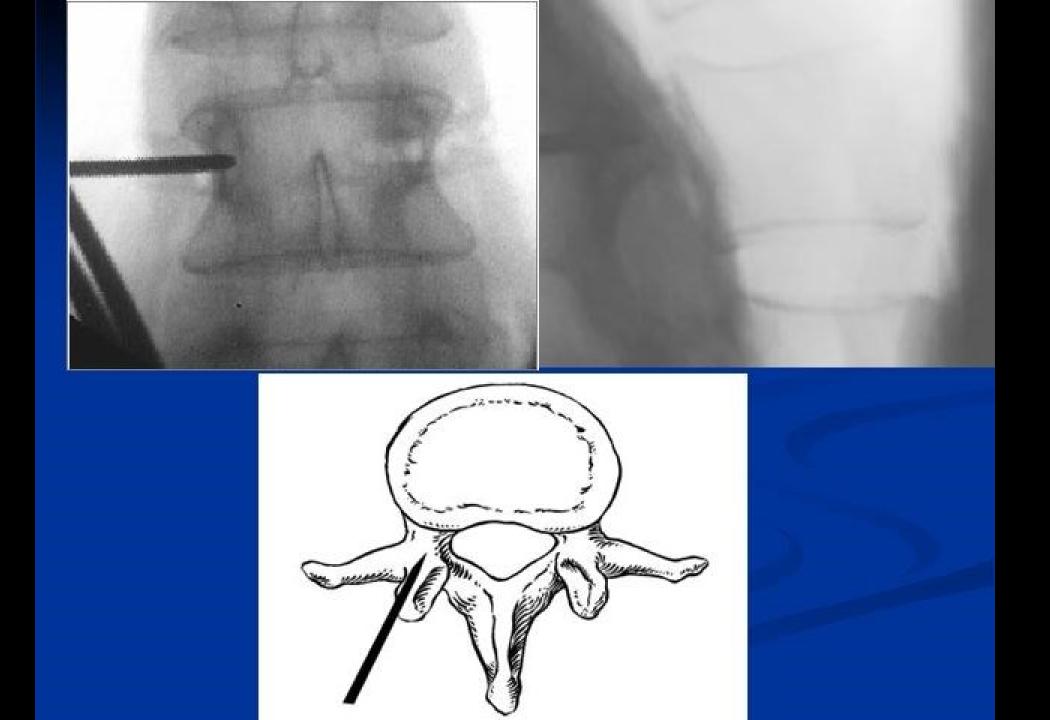
Pedicles superimposed

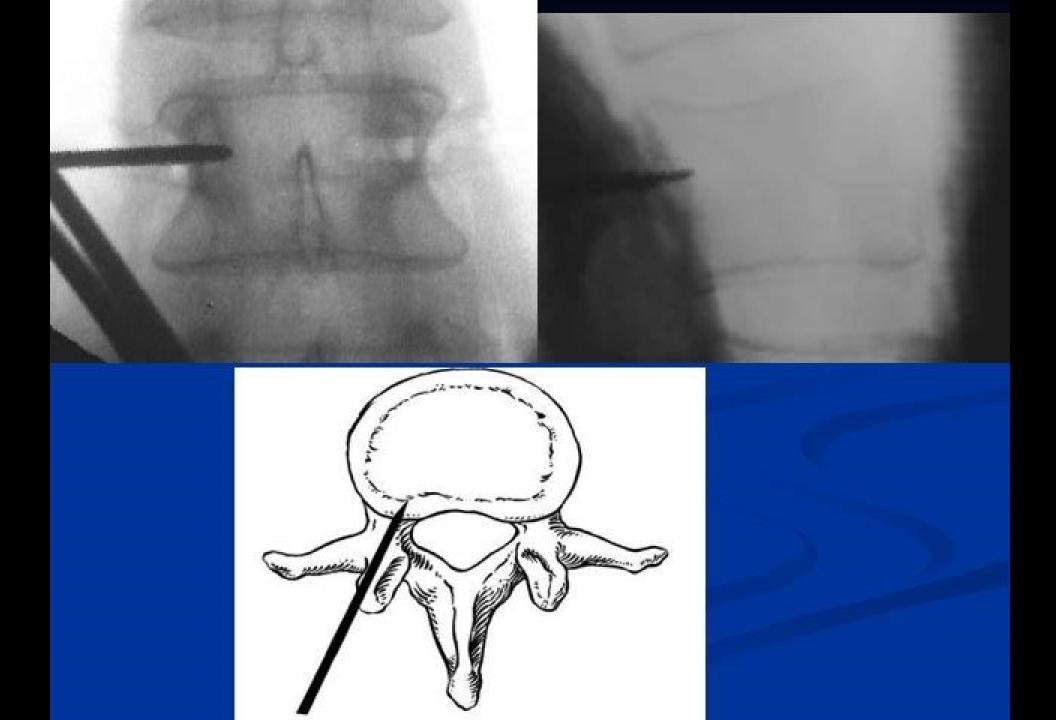
#### Placement of K-wire as a Guide

- Small 2cm skin incision
- Trocar to penetrate cortex at Pedicle
- Advance K-wire under A/P and LAT
   Fluoroscopy
- Advance Dilators
- Place Tubular Retractors and/or Percutaneous Screw Head Holders

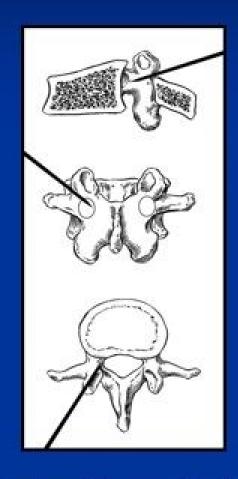




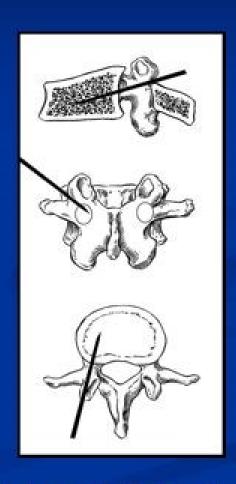




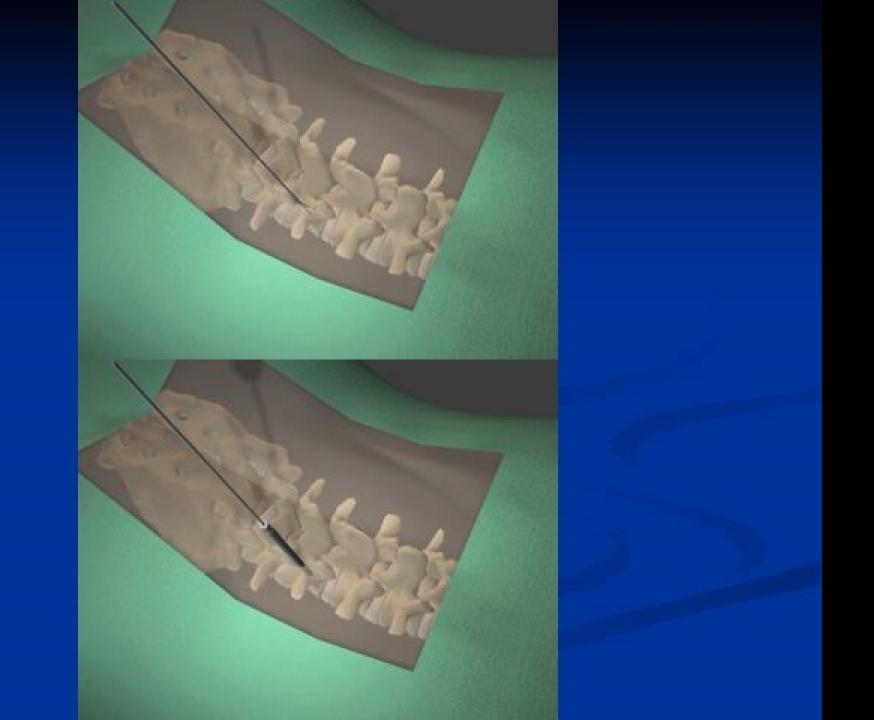
# TRANSPEDICULAR APPROACH Access - Troubleshooting

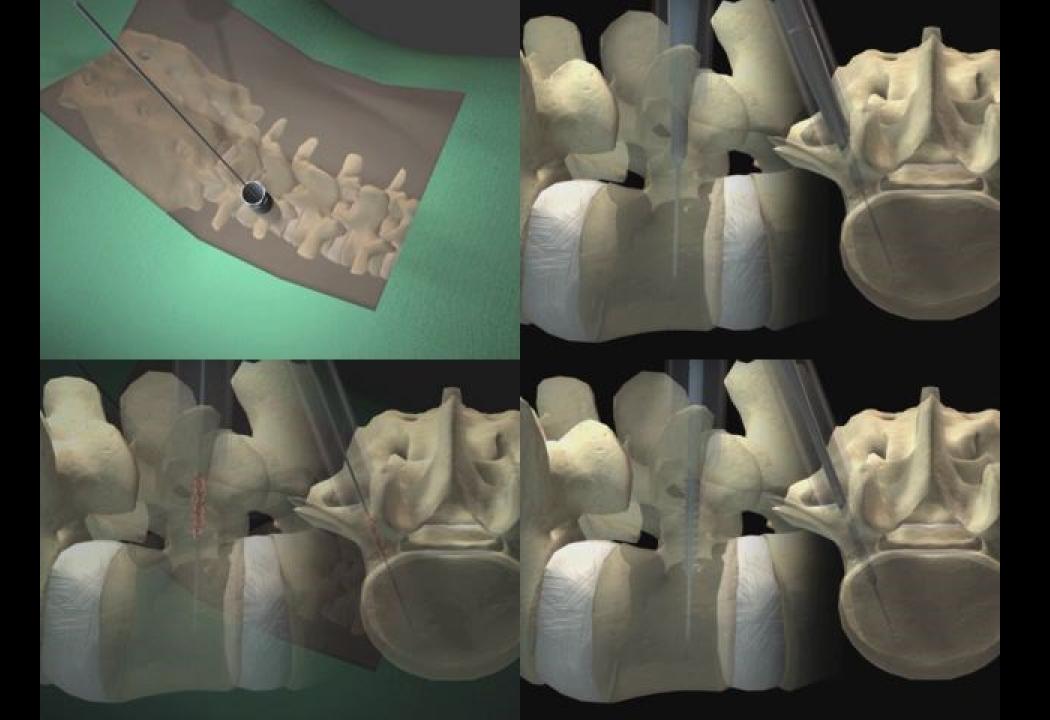


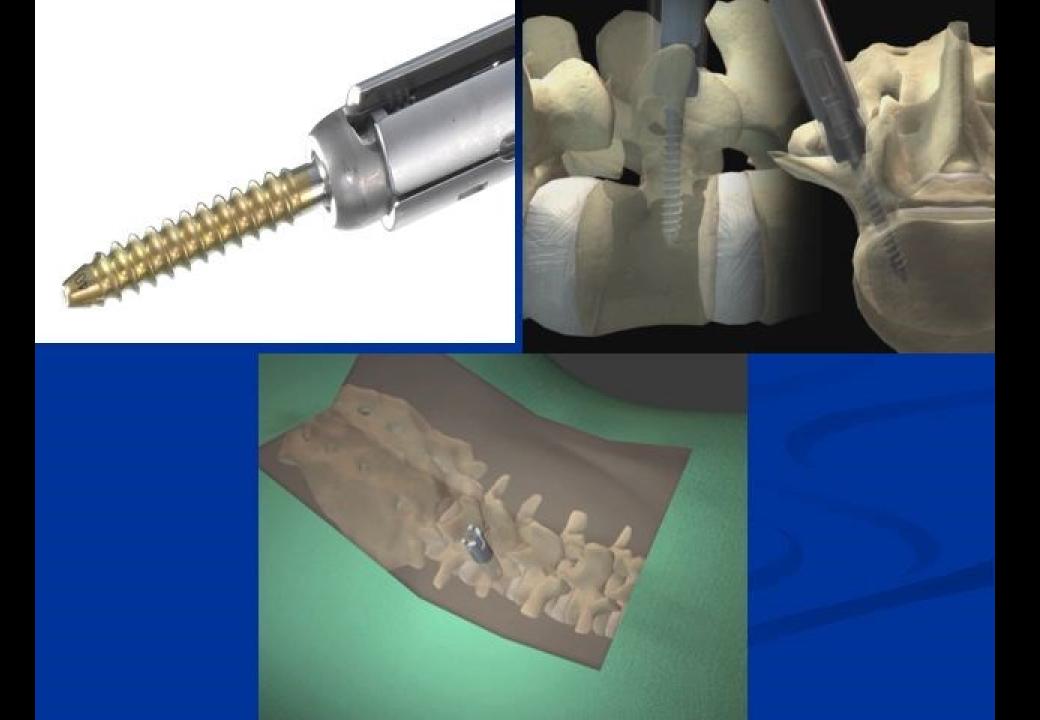
Too far medial



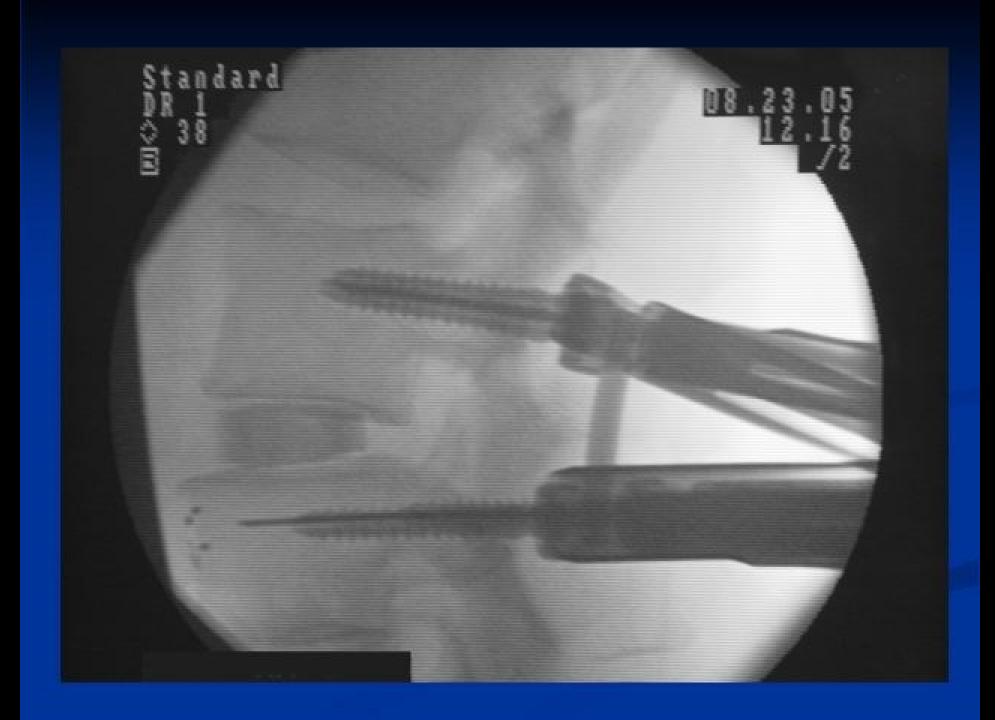
Too far lateral



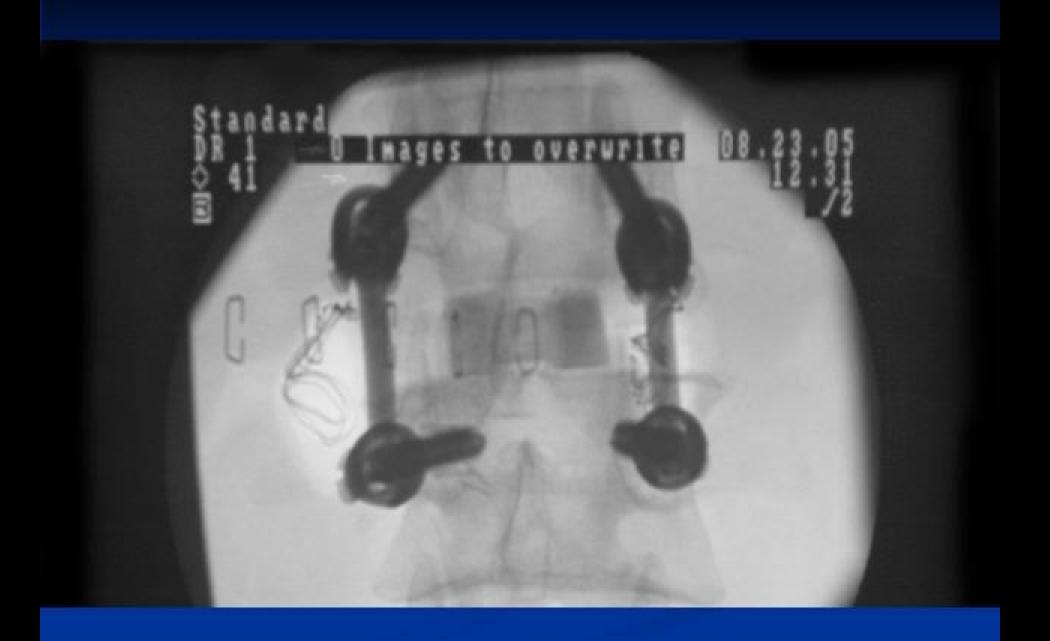












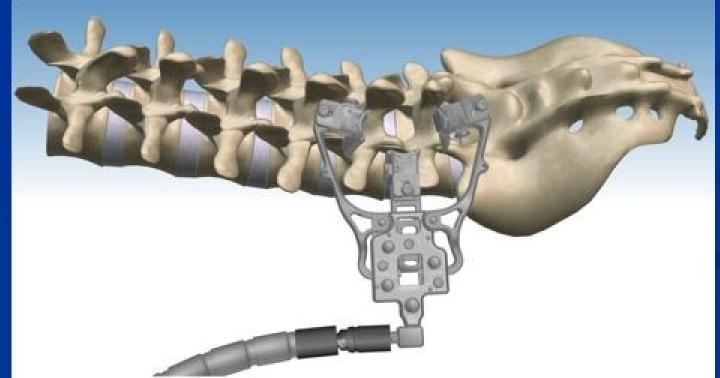


#### Less Invasive TLIF

#### Advantages:

- No need to turn the patient over for interbody placement
- Wide Exposure of disk space for preparation
- Less nerve retraction
- Can be approached on a single side





#### ProView Retractor on TLIF Side

### Same as Tubular Retractor, but can Expand

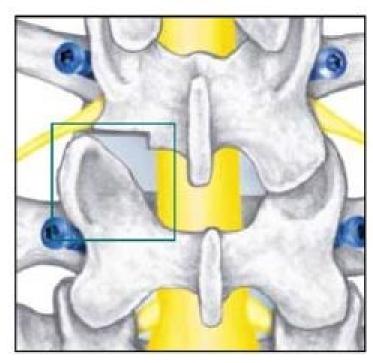




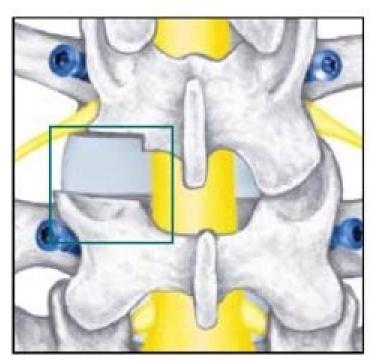




### Removal of inferior facet followed by removal of superior facet can be done through either system

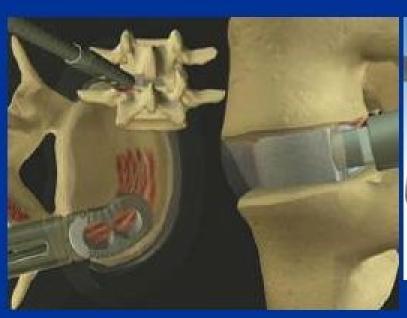


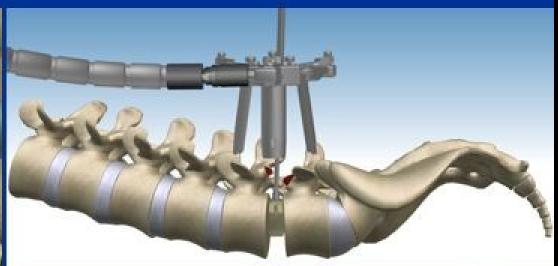
Inferior articular facet removed



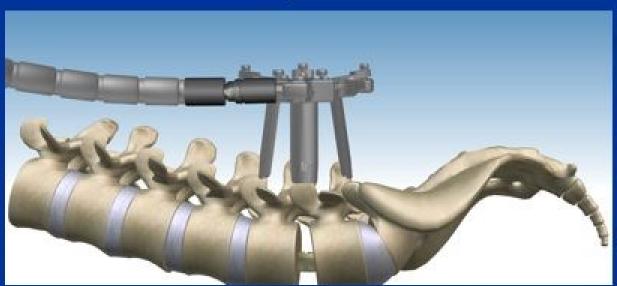
Transforaminal window created by unilateral facetectomy

## TLIF cage insertion











### Obrigado

