#### MOTION SPARING TECHNOLOGY

#### THE DYNESYS EXPERIENCE

Steven B Kirshner MD 7 April 2007



#### SPINAL FUSION

- Gold standard for over 30 years
- Millions of patients
- Billions of dollars
- Overall very good results



- Why change now?
- Why look for something different?
- Is newer better?



#### WHAT ARE WE DOING?

We are following

in the footsteps

of the total joint surgeons.



- 40+ years ago...
- Severe pain, severe DJD of hips and knees was treated with joint fusions.
- RESULTS-
- No pain, but... awkward gait impaired function and lifestyle
- Success? ... Partial



#### THE QUESTION

- Can we get rid of the pain, increase function and improve lifestyle.
- Hence- TKR and THR
- JOINT REPLACEMENT SURGERY
- Huge success
- Impact on society
- Quality of life!



# CAN THIS THOUGHT PROCESS AND TECHNOLOGY APPLY TO SPINE

- Lumbar spine segment
- Complex joint
- Tripod
- Many variables
- Centers of motion
- Significant changes with age
- What are our goals



#### WHAT DO WE WANT TO DO?

- #1 Decrease pain
- #2 Maintain motion
- #3 Maintain function
- #4 Prevent adjacent level disease



- Neutral zone
- Functional zone
- Normal motion
- Functional motion



#### **MOTION PRESERVATION**

- Pedicle based system
- Unload the posterior half of the disc space and the facet joint
- Preserve motion
- Quality of motion vs Quantity of motion
- Restore normal motion? ...NO!
- Alternative to fusion ?
- Adjunct to fusion ?



#### "ANOTHER TOOL IN THE BOX"

- No one device is right for every patient.
- If the patient needs a fusion, do a fusion.
- Different devices for different indications
- An internal brace
- Stabilize/neutralize motion
- Maintain height posterior disc facet joint neural foramin
- Don't burn any bridges



#### **PAIN**

- Discogenic
- Facet joint
- Neurologic compression
- Instability
  - -bone
  - -ligamentous



#### OFFLOAD THE PAINFUL STRUCTURES

- Discs
- Facet joints
- Strained ligaments
- Enhance stability
  - facet capsules
  - ligamentum flavum
  - tension spinal ligaments
  - normalize motion



#### **INDICATIONS FOR DYNESYS**

- Spinal stenosis
- Grade I spondylolysthesis



#### INDICATIONS ARE CHANGING EVERY DAY

- The more patients I see...
- The more cases I do…
- The more indications I find.



## **TWEENERS**

- DDD
- Back pain
- Leg pain
- Facet joint pain
- Degenerative Scoliosis
- Spondylolysthesis
- Retrolysthesis
- Status post decompression
- Progressive disease ... and...



#### **ADJACENT LEVEL DISEASE**

- Diagnose it
- Treat it
- Arrest it
- Prevent it



#### WHAT IS DYNESYS?

DYnamic

NEutralization

SYStem



#### **HOW DOES DYNESYS WORK?**

#### WHAT DOES IT DO?

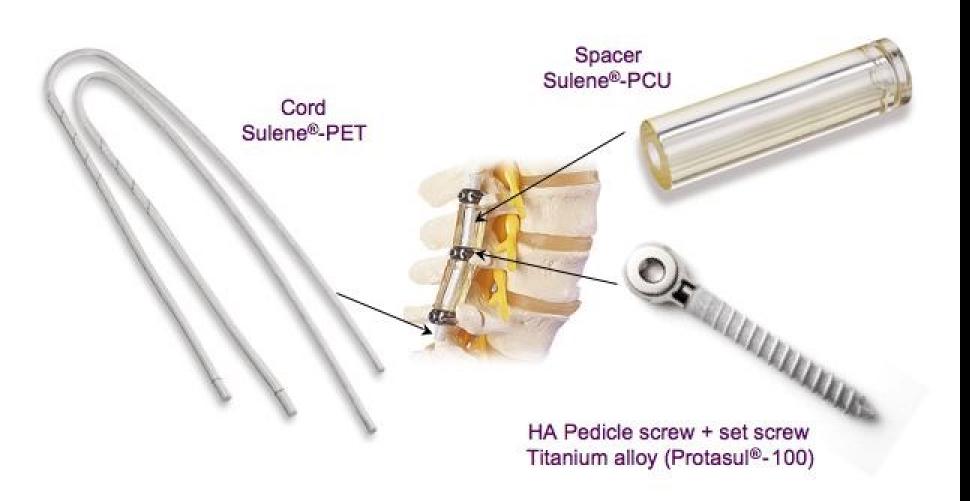


#### THE BIOMECHANICS OF DYNESYS

- Unique design
- Engineering unlike any other system
- Screw
- Spacer
- Cord
- Technique



## The Dynesys System—Functional Overview





# Dynesys System Components All Designed Expressly for Dynamic Stabilization

#### Cord

- Designed to be pliable
- Designed to resist tension
- Specific to patient anatomy

#### Spacer

- Designed for flexibility and cushioning
- Absorbs/releases energy
- Specific to patient anatomy

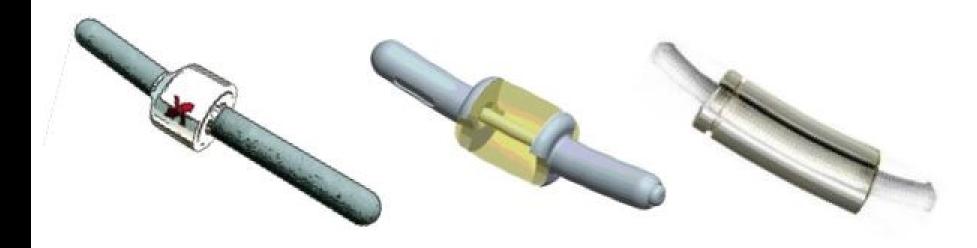
#### Screw

- Low-profile head
- Self-tapping design
- Conical central shaft
  - Designed to compress bone
  - Makes for tight bone/screw interface





#### Dynamic Stabilization Technologies



Scient'x Isobar TTL

Medtronic Agile Zimmer Dynesys System



#### SCIENT'X (USA)-Isobar™ TTL

- Semi-rigid system with motiondampening washers
- > All metal components
- CE Mark obtained in 1998
- ➤ US clearance 2002

#### Dynesys System

- Non-metal spacer/cord assembly
  - Flexible materials
  - No moving parts
- > CE mark 1999
- ➤ US clearance granted in 2004
  - Over 5,000 cases completed in US

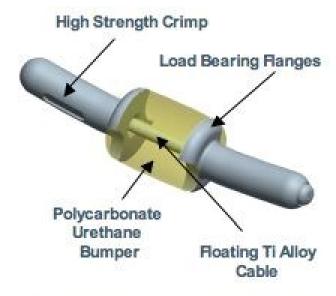


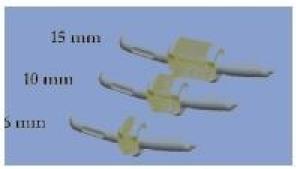




#### Medtronic-CD Horizon Agile™

- > Pre-curved, lordotic implant
- One-level system—available with extended rod
- HA coated, poly-axial screws
- Titanium rod with a titanium cable and PCU bumper
- Pre-determined stiffness with three sizes: 6,10,15mm
- Anchored with Medtronic CD Horizon & Legacy screw system
- First implanted in 4th guarter of 2006
- Biomechanics/sheep study completed
- European & Australia clinical trial may begin by end of 2006
- US clearance—October 2006
- Initial IDE submission in progress





Reference: 2006 IMAST P492, Design and Testing of a Novel Posterior Dynamic Stabilization Device, K Foley



## Dynesys Dynamic Stabilization System

- No retrofitted legacy parts
- ➤ Self-conforming implant
- Low-profil e screw design
- Multi-level capability
- ➤ Over ten years European experience, and more than 28,700 patients worldwide
  - -Biomechanics/animal studies completed in May 2003
  - -US clearance granted March 2004
  - –US IDE-study with over 400 patients





## **TECHNIQUE**

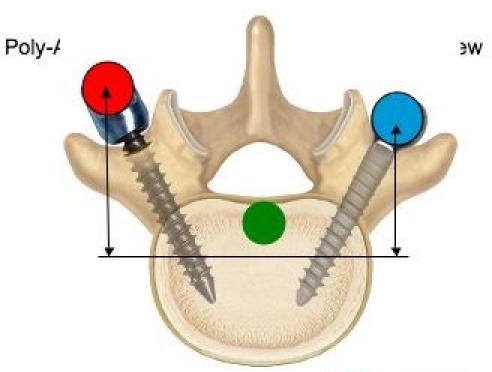
- Lateral
- Longest
- Largest
- Lowest



# Dynesys System Low Profile and Tissue Friendly

- Four Ls of Dynesys Screw-Placement
  - Lateral to facets
  - Low trajectory
  - Longest screw
  - Largest screw

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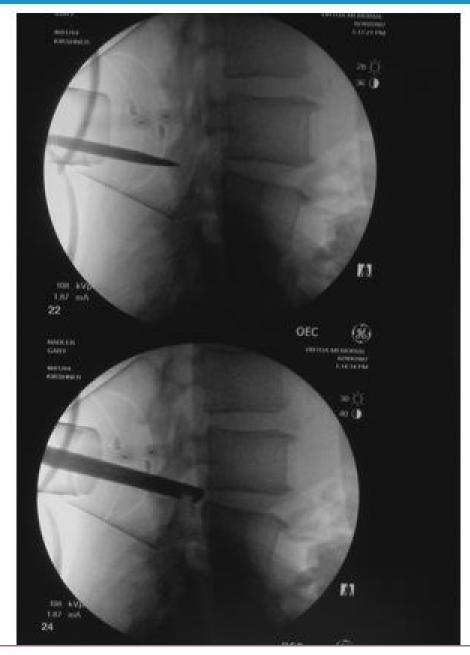




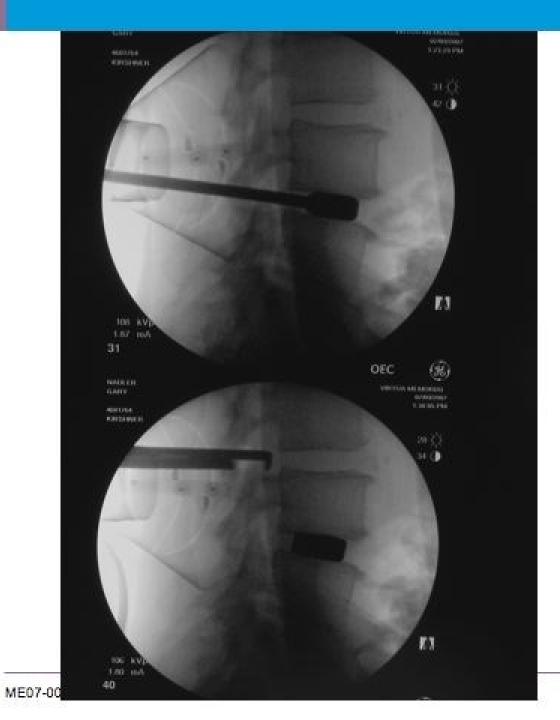




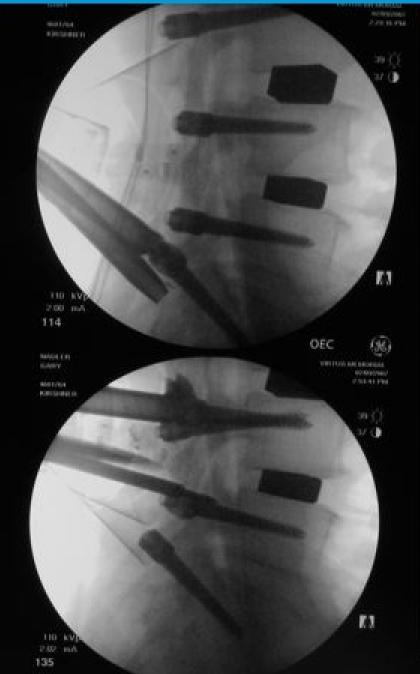




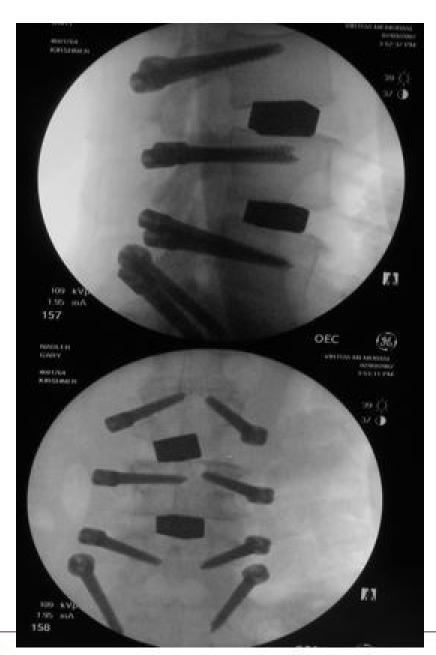






















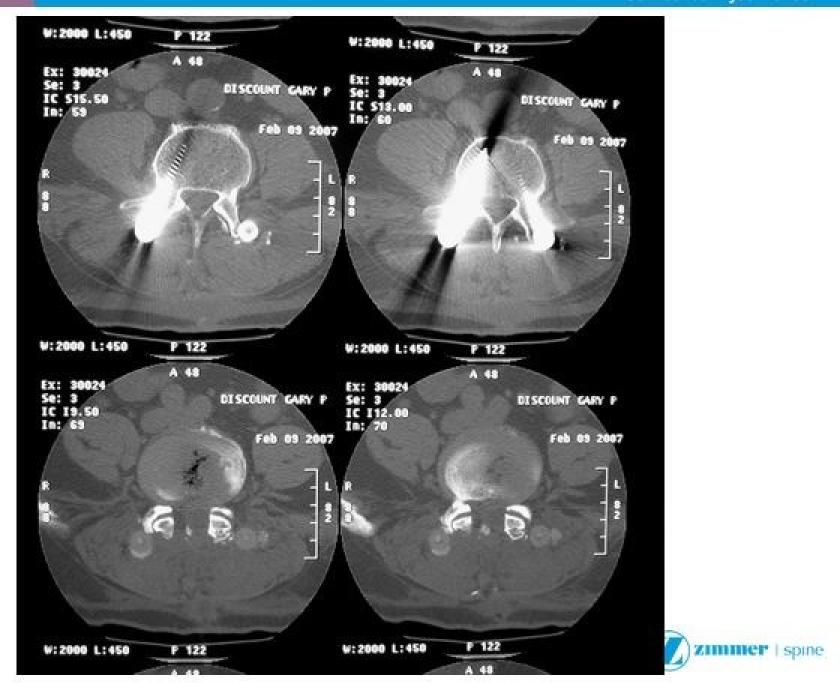


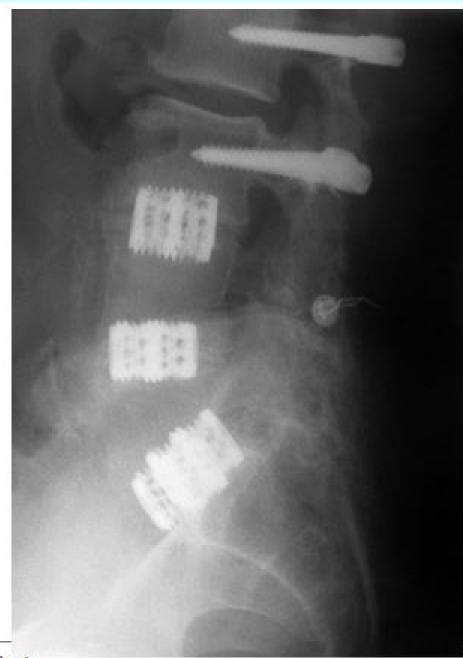










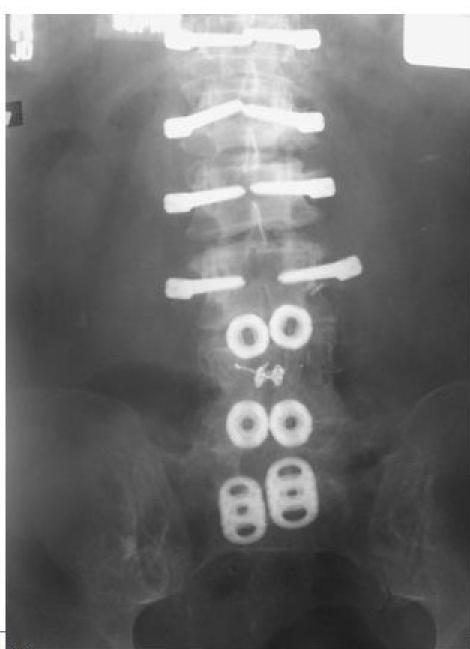


















# **Dynesys Clinical Investigation**

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## **Study Design**

- Prospective, randomized, multi-center study
- 368 total patients were implanted at 28 centers
- The Dynesys® Spinal System (Investigational)
   PLF with The Silhouette™ Fixation System (Control)
- 2 Investigational:1 Control
- Each site completed 1 non-randomized Dynesys procedure
- Study visits
  - > Pre-op
  - > Operative/Post-Op
  - > 3 weeks
  - ≥ 3 month
  - > 6 month
  - > 12 month
  - >24 month



#### **IDE Indication Statement**

The Dynesys Spinal System is indicated to provide alignment and stabilization in skeletally mature patients at one or two contiguous levels from  $L_1$ - $S_1$ . Patients have radiculopathic symptoms including leg pain, muscle weakness, and/or sensation abnormality as evidenced by patient history and diagnostic studies. Patients may have a narrowing of the lateral or central canal and/or neurogenic claudication. These signs and symptoms are caused by:

- Degenerative spondylolisthesis or retrolisthesis (Grade I) AND/OR
- Spinal stenosis or stenosing lesions

Patients may require decompression at the levels considered for treatment. Dynesys is intended to be used without bone graft.

## **Inclusion Criteria**

- Candidate for single-level or contiguous two-level PLF between L1-S1;
- Patients have a predominate component of leg rather than back symptoms; symptoms include pain, muscle weakness, and/or sensation abnormality
- Leg pain score ≥ 40 mm
- Unresponsive to conservative management for at least 3 months;
- Pre-operative Oswestry score ≥ 30
- Age between 20 and 80
- I Must be willing and/or able to comply with study requirements

#### **Exclusion Criteria**

- Primary diagnosis of discogenic back pain
- Degenerative scoliosis >10°
- I Greater than Grade I spondylolisthesis or retrolisthesis
- Previous lumbar fusion attempt(s) at index level(s)
- previous total facetectomy or trauma at index level(s);
- Gross obesity
- Advanced osteoporosis women over 50 and men over 60 should have a DEXA scan of <-2t (age corrected)
- Any significant medical conditions which would substantially increase surgical risk
- I Titanium alloy, PET or PCU allergy, or intolerance;
- I Current chemical dependency or significant emotional and/or psychosocial disturbance
- Pathology or deformity to the spine that would compromise the system



## **Primary Study Objectives**

- Safety:
  - > Neurological maintenance or improvement
  - > Freedom from further surgical intervention
- Effectiveness
  - Leg pain relief (100 mm VAS)
  - Functional improvement (Oswestry Disability Index)
- Dynesys and PLF compared in a non-inferiority paradigm



# Radiographic Criteria

# Stability:

- ≥£ 15° Angular Motion at L<sub>1</sub>-L<sub>4</sub>
- >£ 20° Angular Motion at L<sub>4</sub>-L<sub>5</sub>
- ≥ £ 25° Angular Motion at L<sub>5</sub>-S<sub>1</sub>
- ≥ £ 4.5 mm Translation Motion

#### • Fusion:

- ≥£ 5° Angular Motion
- ≥ £ 3.0 mm Translational Motion
- Clear Evidence of Bridging Bone

# Radiographic Success

- Dynesys = Stability NOT Fusion
- >PLF = Stability AND Fusion



## **Study Status**

- Follow-Up Ongoing
  - >Primary comparison at 24 months post-surgery
- Randomized Subjects Implanted
  - >247 Dynesys implants
  - ≥111 Silhouette implants
- Needed for adequate comparisons
  - >184 Dynesys implants
  - >92 Silhouette implants
- Last Patient Last Visit:
  - Last procedure preformed on 29 June 2005
  - Last Visit ± 2 Month from 29 June 2007



# The Dynesys® Spinal System Summit Data A Preliminary Analysis:

 Pooled observations from 6 non-systematically chosen investigative sites



101 Subjects pooled form 6 investigative sites

## Maximum sample size at indicated assessment points

Preoperative	3 Week	3 Month	6 Month	12 Month	24 Month
101	92	96	94	80	27

Individual sample sizes vary slightly due to

- Missing Data
- Non Verified Data
- Follow-up visit not completed
- Etc.

In all cases error bars indicate 1 Standard Error of Measure (SEM)



	Age (yrs)	Height (In)	Weight (lb)	Symptom Duration (yrs)
Mean	56.3 (1.2)	66.7 (0.4)	178.6 (3.3)	5.3 (0.6)
SEM	1.2	0.4	3.3	0.6
n	99	100	101	95

Gender	Male	Female	Total
n	48	53	101
Percent	47.5%	52.5%	100.0%



**Primary Indication** 

	Lateral Stenosis	Central Stenosis	Spondy- lolisthesis	Retro- listhesis	Other	Total
n	40	26	20	3	4	93
Percent	43.0%	30.0%	21.5%	3.2%	4.3	100.00%



## **Operative Levels**

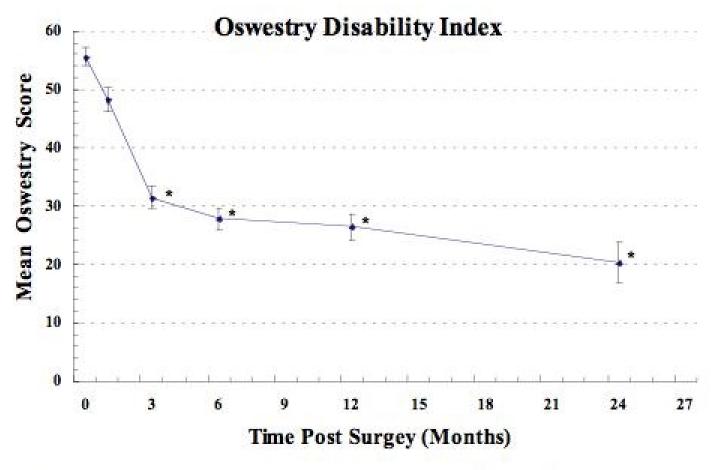
	SC	n	% of Group	% of Total
1-Level	L2-L3	3	5.4%	3.0%
	L3-L4	7	12.5%	6.9%
	L4-L5	38	67.9%	37.6%
W.	L5-S1	8	14.3%	7.9%
	Group Sub Total	56	100.0%	56.0%
2-Level	L2-L3, L3-L4	1	2.3%	1.0%
	L3-L4, L4-L5	20	45.5%	19.8%
3	L4-L5, L5-S1	23	52.3%	22.8%
	Group Sub Total	44	100%	44.0%
T	OTAL	100		100%

# **Operative Variables**

		Surgery Time (min)	Hospital Stay (days)	EBL (cc)
1 Level	Mean	167	4.1	400
	SEM	4.9	0.2	50.8
	n	56	56	56
2 Levels	Mean	205.6	4.7	516
	SEM	8.2	0.3	52.2
	n	44	43	44
All Subjects	Mean	184	4.4	451
***	SEM	4.9	0.1	36.9
	n	100	99	100



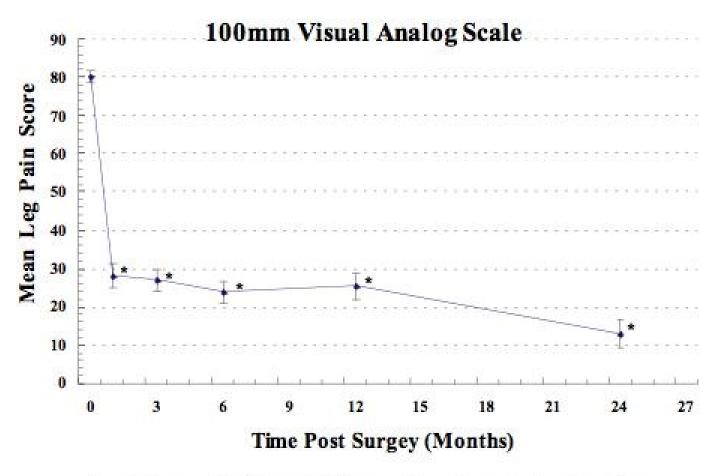
## **Function**



 Indicates Significant Difference From Preoperative Baseline p < 0.01, Wilcoxon Signed Rank Test</li>



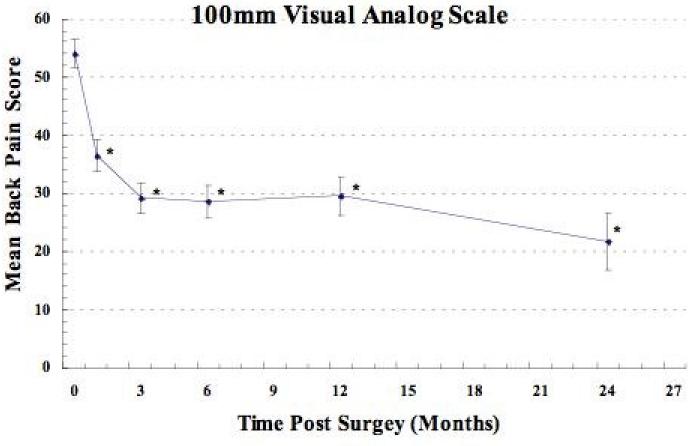
## Leg Pain



 \* Indicates Significant Difference From Preoperative Baseline p < 0.01, Wilcoxon Signed Rank Test</li>



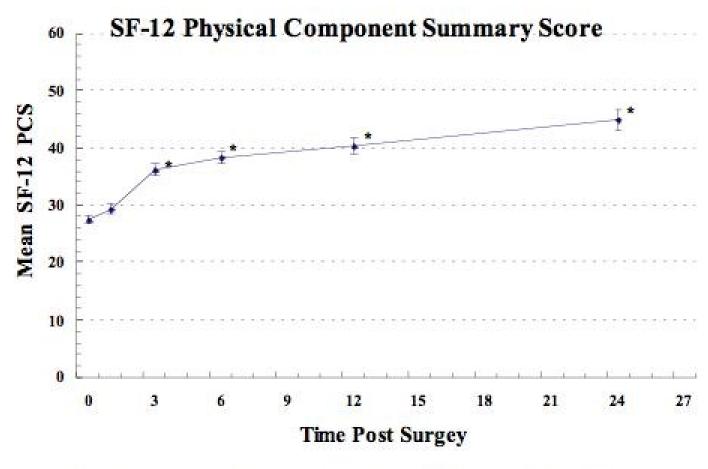
## **Back Pain**



 Indicates Significant Difference From Preoperative Baseline p < 0.01, Wilcoxon Signed Rank Test</li>



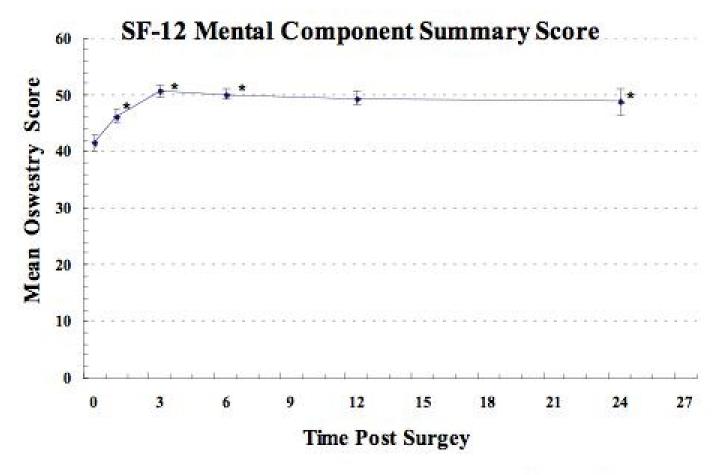
## General Health



 Indicates Significant Difference From Preoperative Baseline p < 0.01, Wilcoxon Signed Rank Test</li>



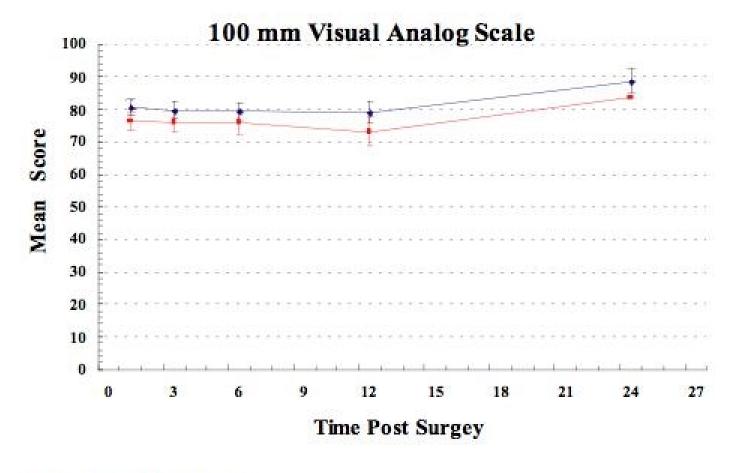
## General Health



 Indicates Significant Difference From Preoperative Baseline p < 0.05, Wilcoxon Signed Rank Test</li>



## **Patient Perception**



Likelihood to recommend

Satisfaction with the Procedure



## Device Related A/Es

	n	Percent of Cohort
Device Failure Fracture		20
Device Migration		
Device Misplacement		23
Screw Failure Fracture	1	1.0%
Screw Misplacement	.At	



## **Additional Surgical Procedures**

	Total Procedures	Total Patients	% Patients experiencing Additional Surgical Procedure
Spine Related	13	10	10%
Surgery Related	1	1	1.0%
Non-Spine Related	5	4	4.0%
Total	19	15	15%



#### In Conclusion

- There were significant reductions in pain
- There was a significant improvement in function
- There was only 1 device related A/E
- There was essentially no change in lordosis
- There was no change in disc height



# THANK YOU

