Cervical Spondylosis

A Focus on Posture and Balance

Ed Benzel Cleveland Clinic

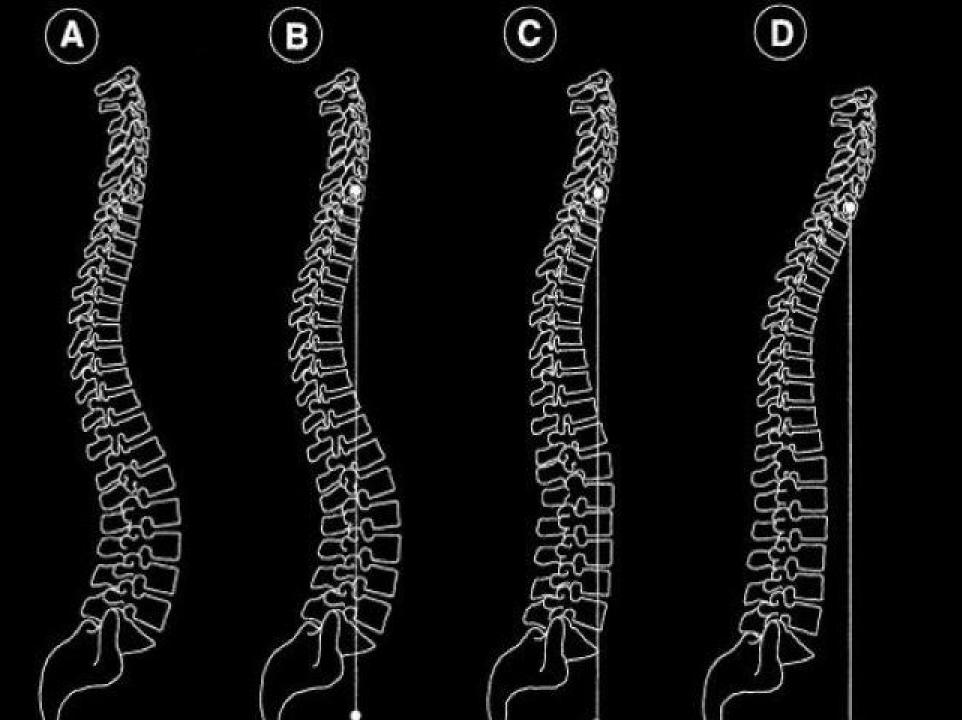


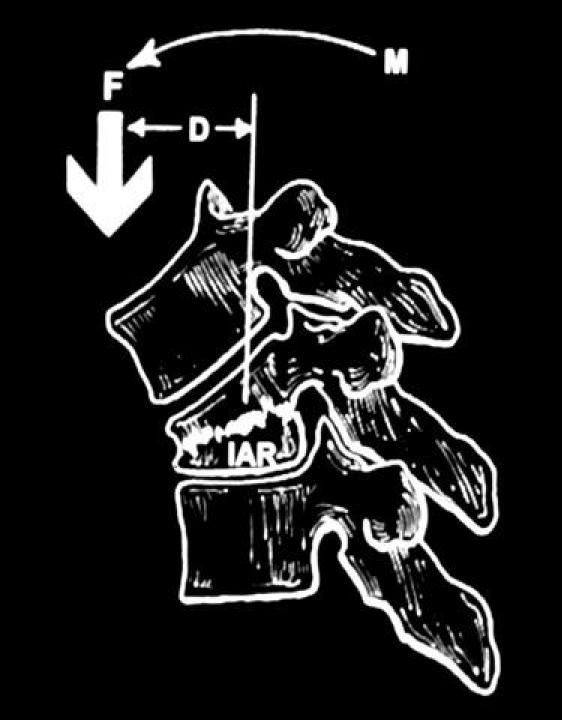


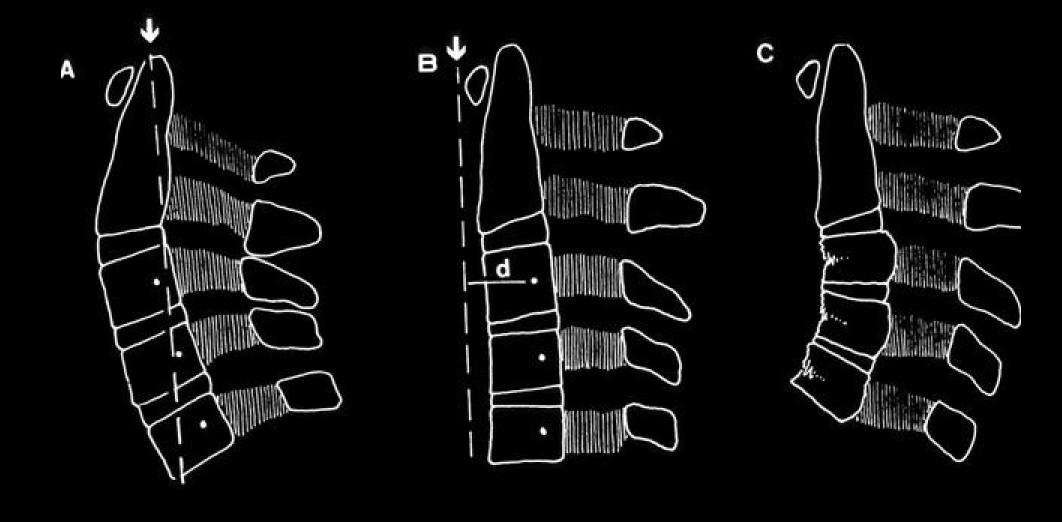
Cervical Spondylosis

Myelopathy Deformity

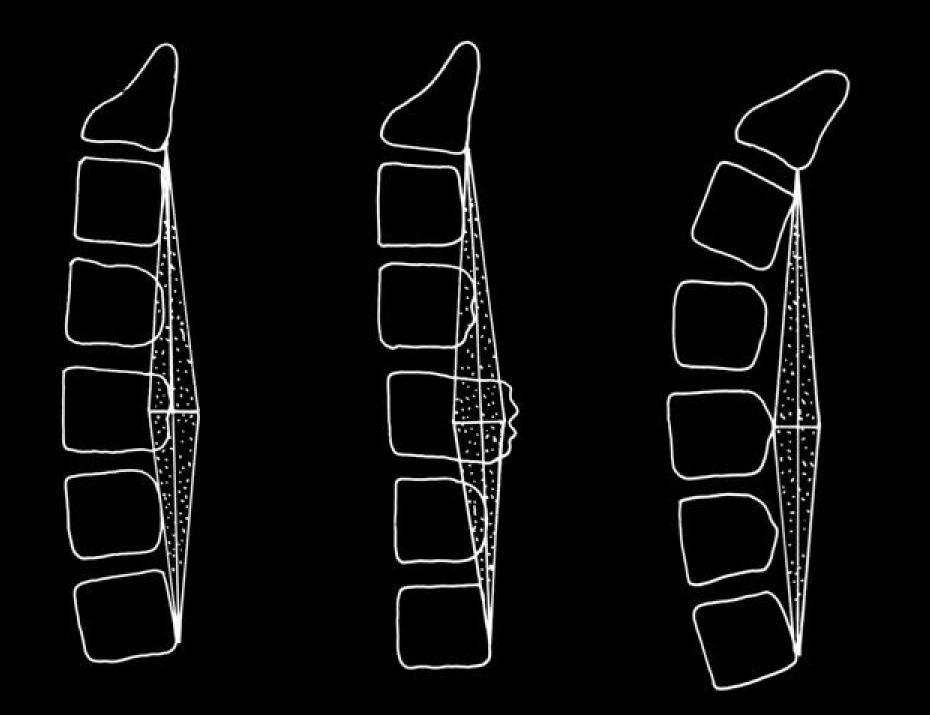












ENCROACHMENT TETHERING

REPETETIVE TRAUMA



SURGICAL STRATEGIES



DECOMPRESSION

DEFORMITY PREVENTION

DEFORMITY CORRECTION



WHY?

Neck Pain Myelopathy **Improve Short-Term Success Decrease End Fusion** Changes **Improve Long-Term Success**

Intra-Operative Deformity Correction

Ventral vs Dorsal



Its all about the leverage!!!



Dorsally, leverage VEEERRRYYYY difficult to achieve!!!



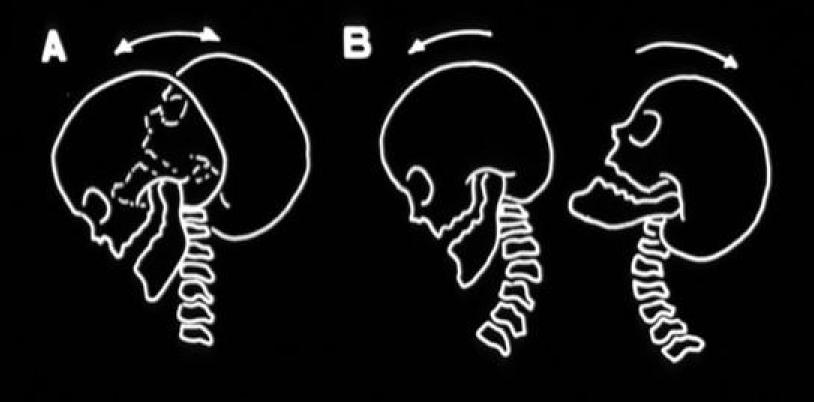
Polyaxial Screws

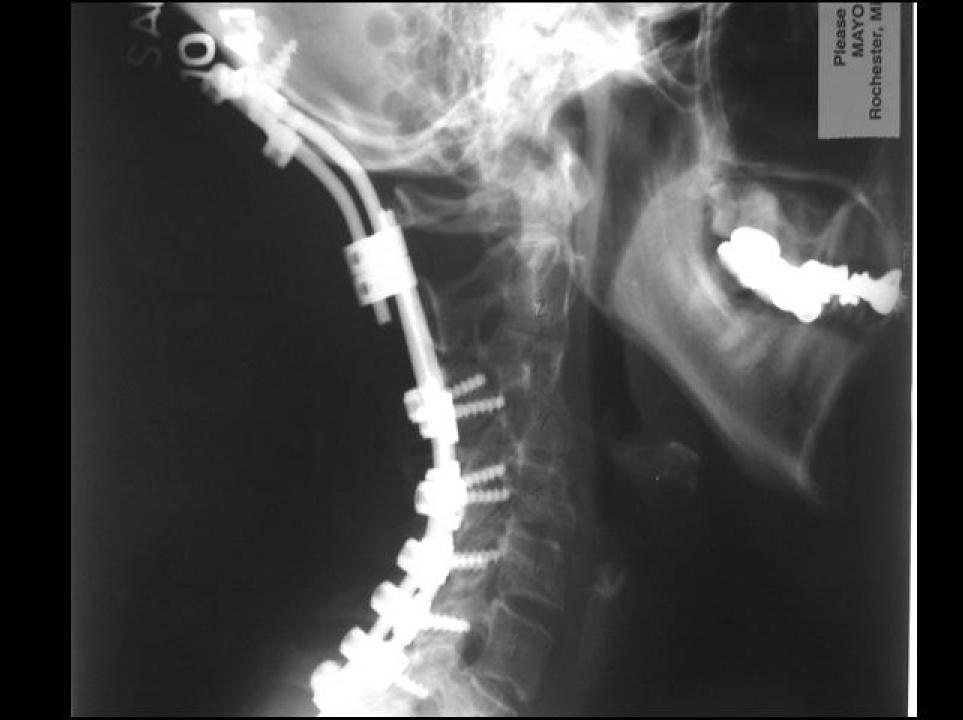


Exception

Capital Flexion and Extension







Ventral

Another Story





Back Pain







Kyphosis Trapezius Sign







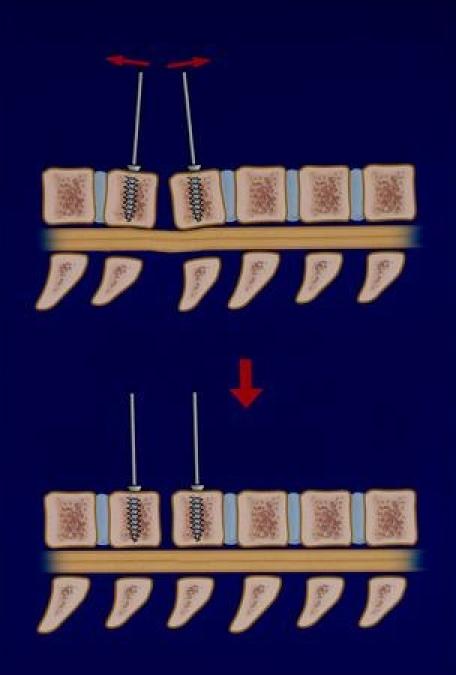




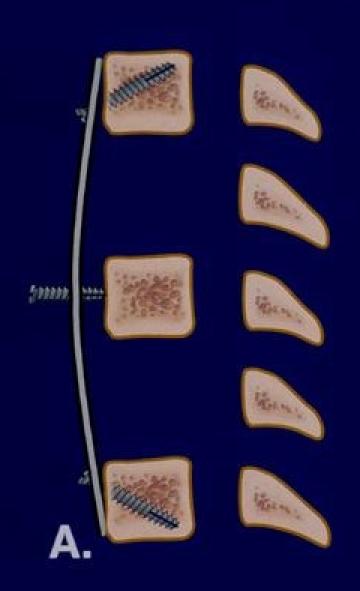
Intra-Operative Deformity Correction

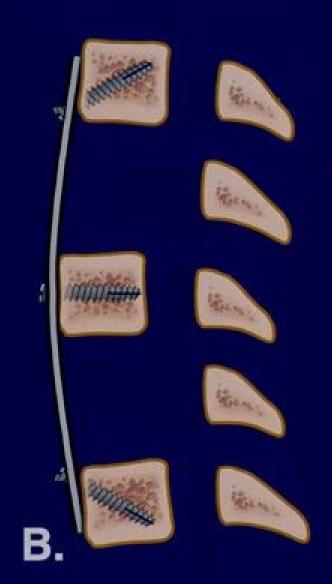
Ventral vs Dorsal





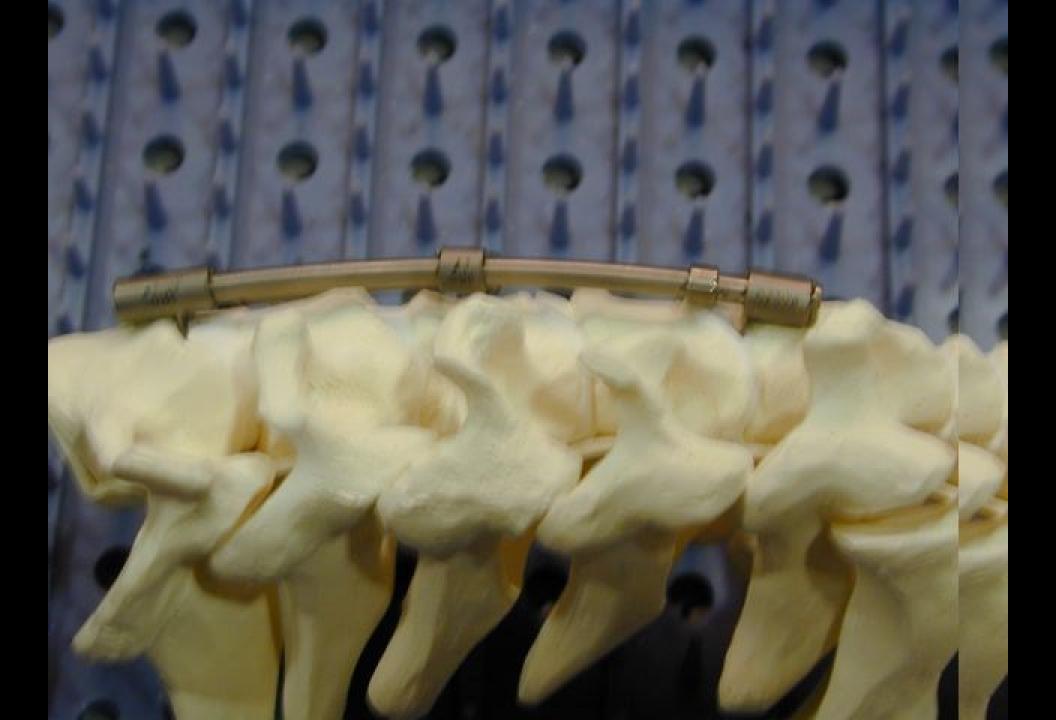


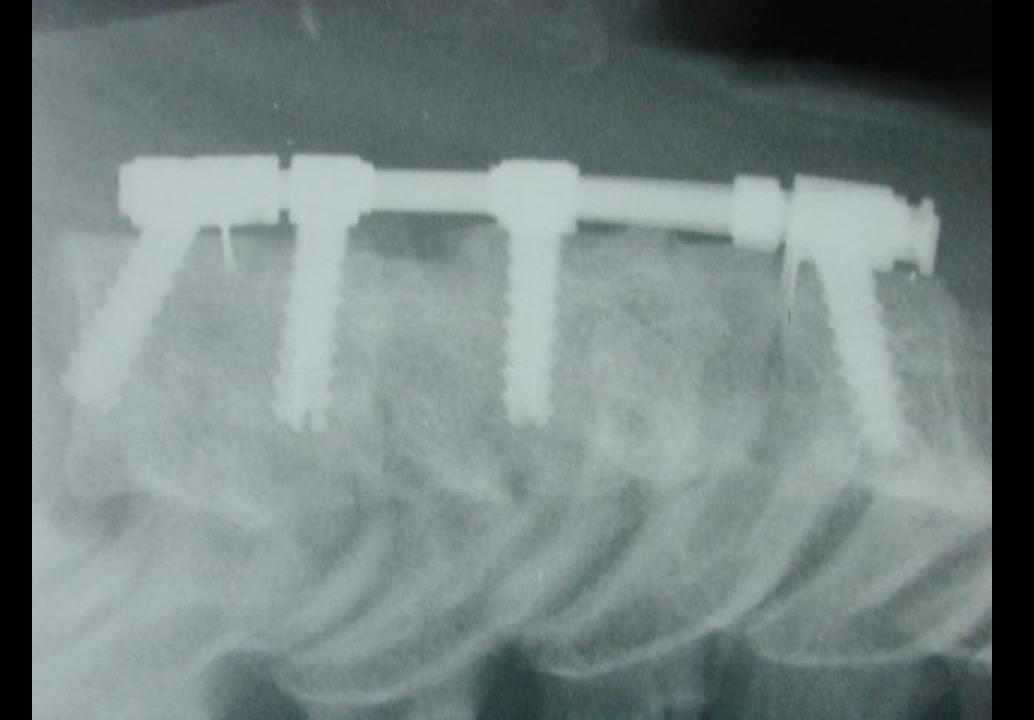












Gravity







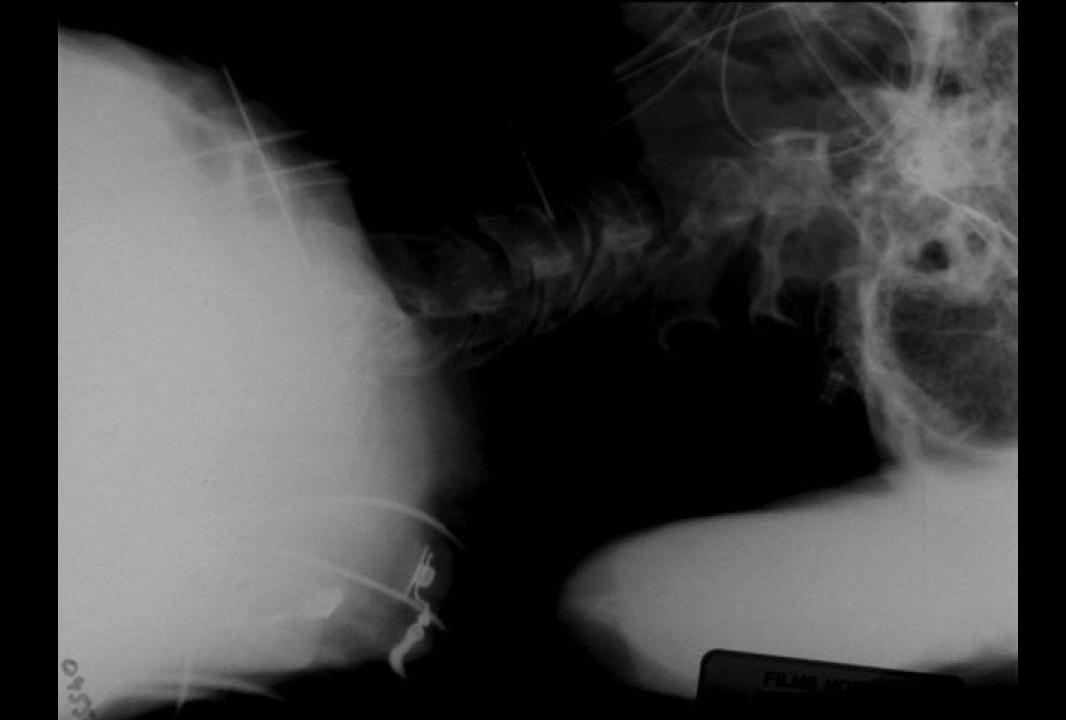
Could Correct Ventrally

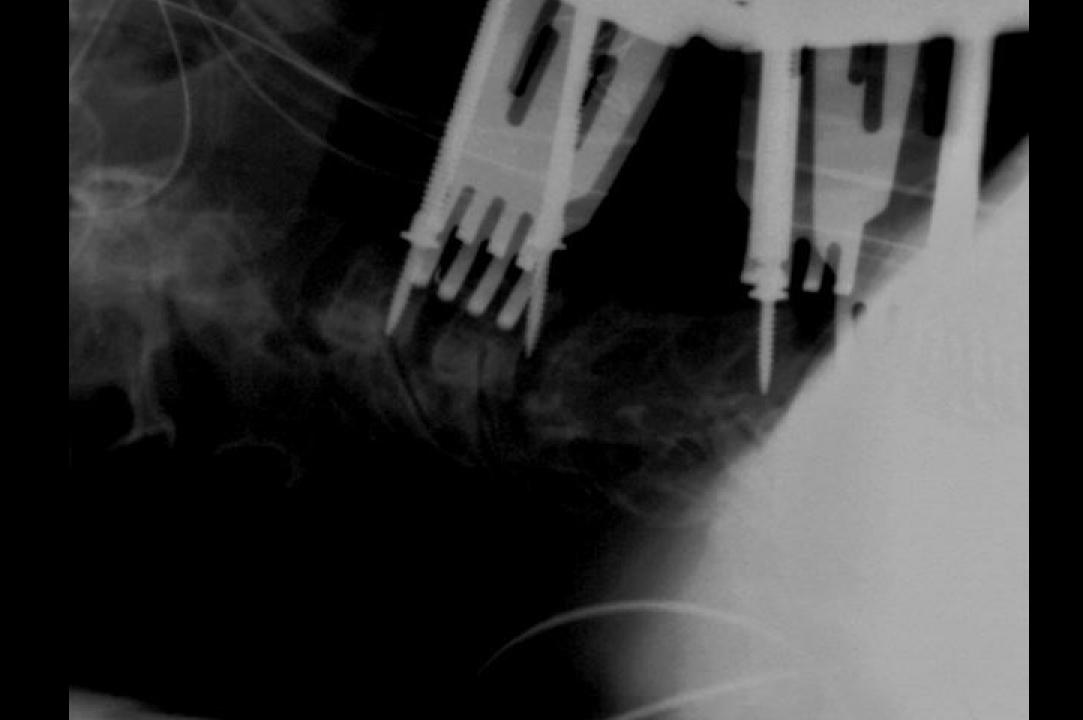
Because Facets not Ankylosed

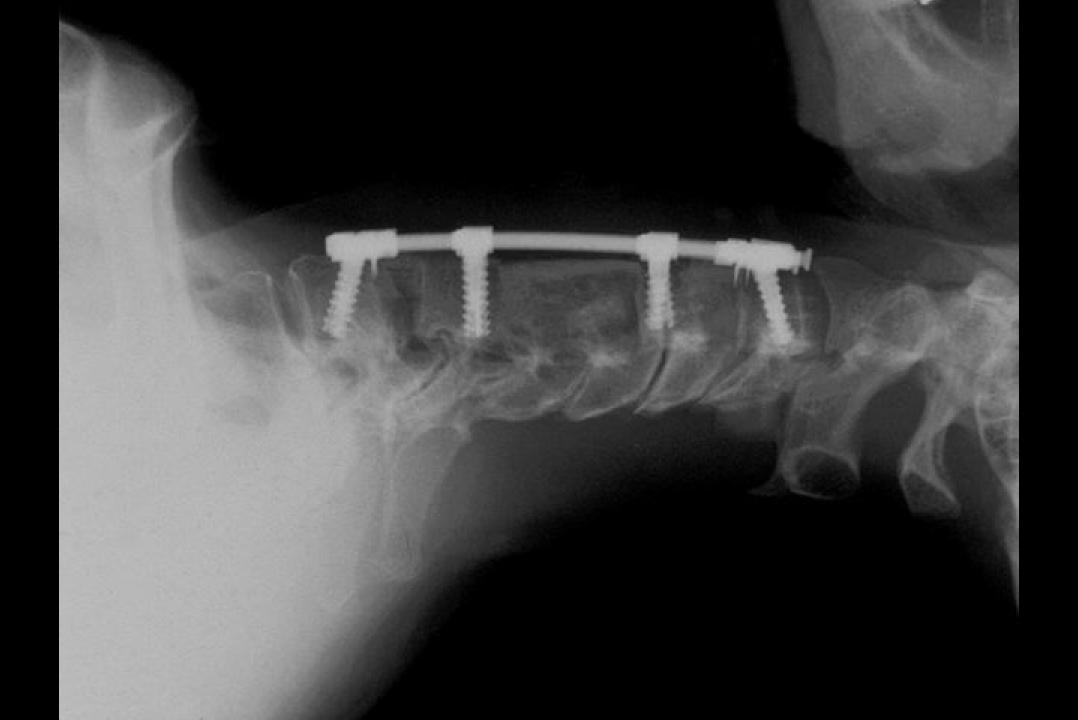










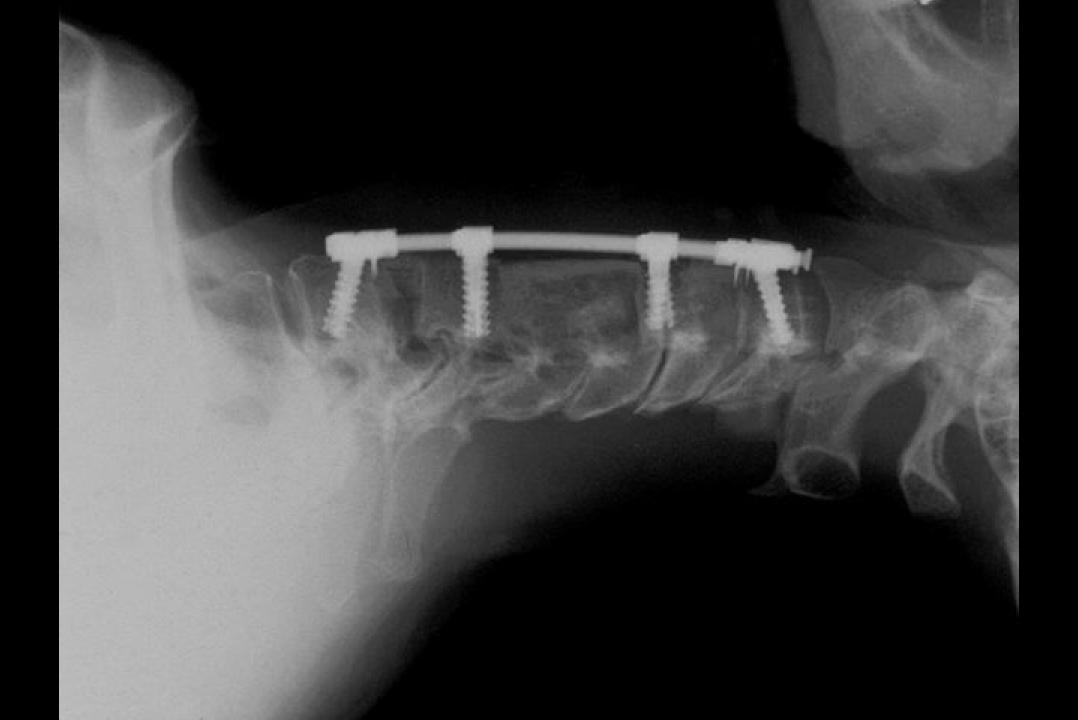


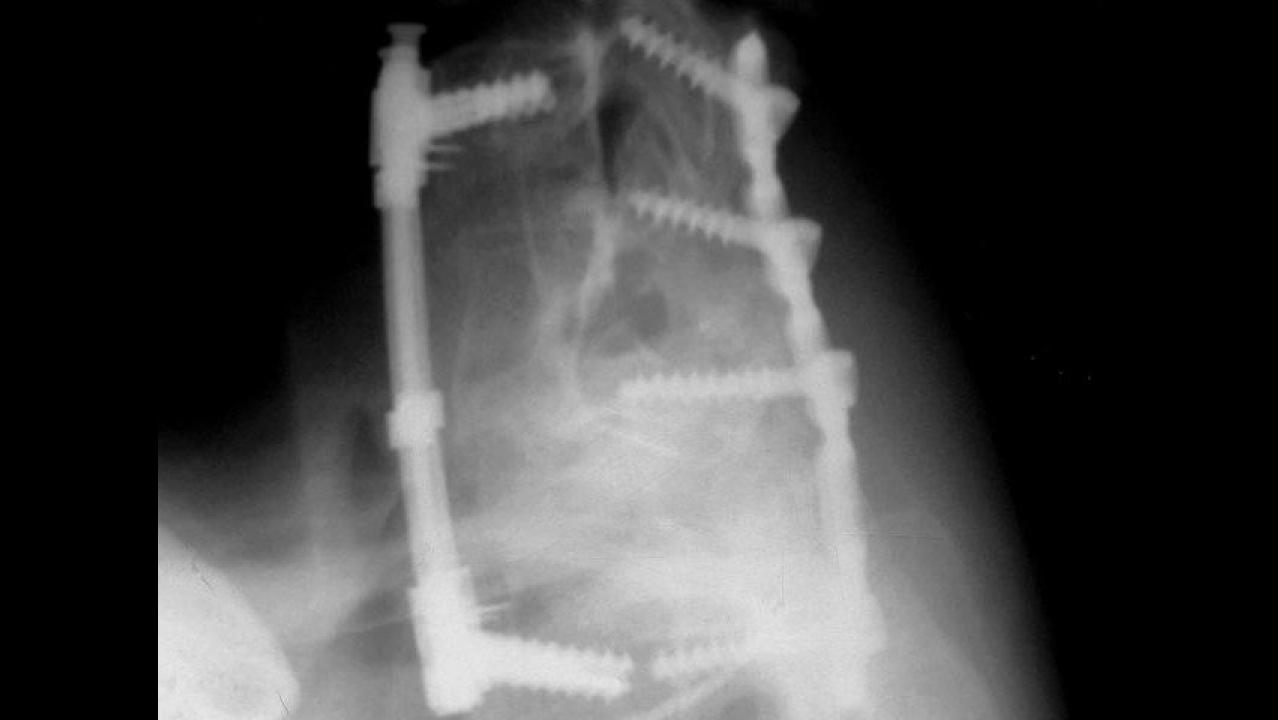
Its all about leverage!!!

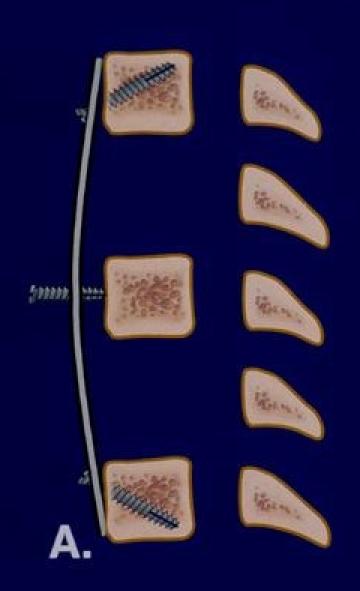


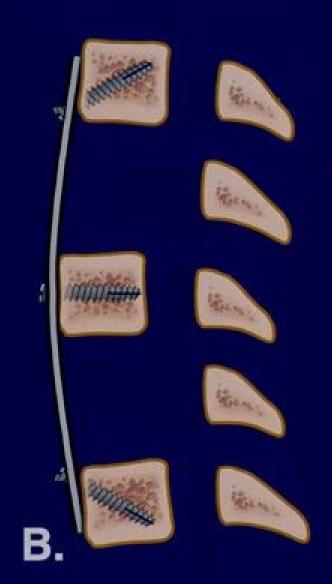
Fixation Follows!!!

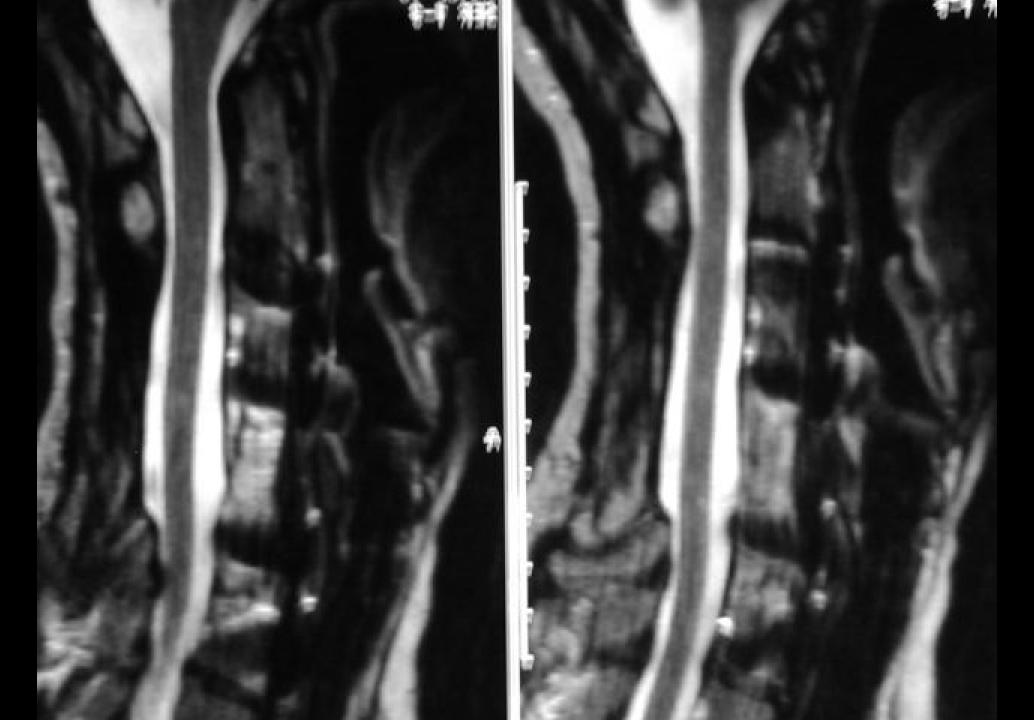


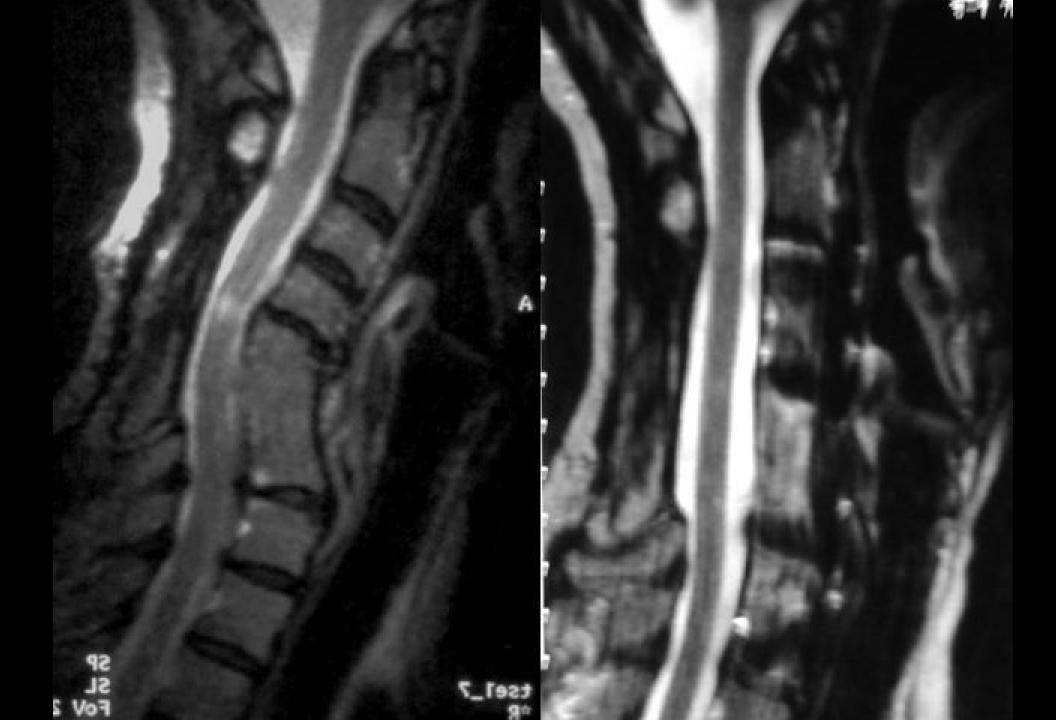


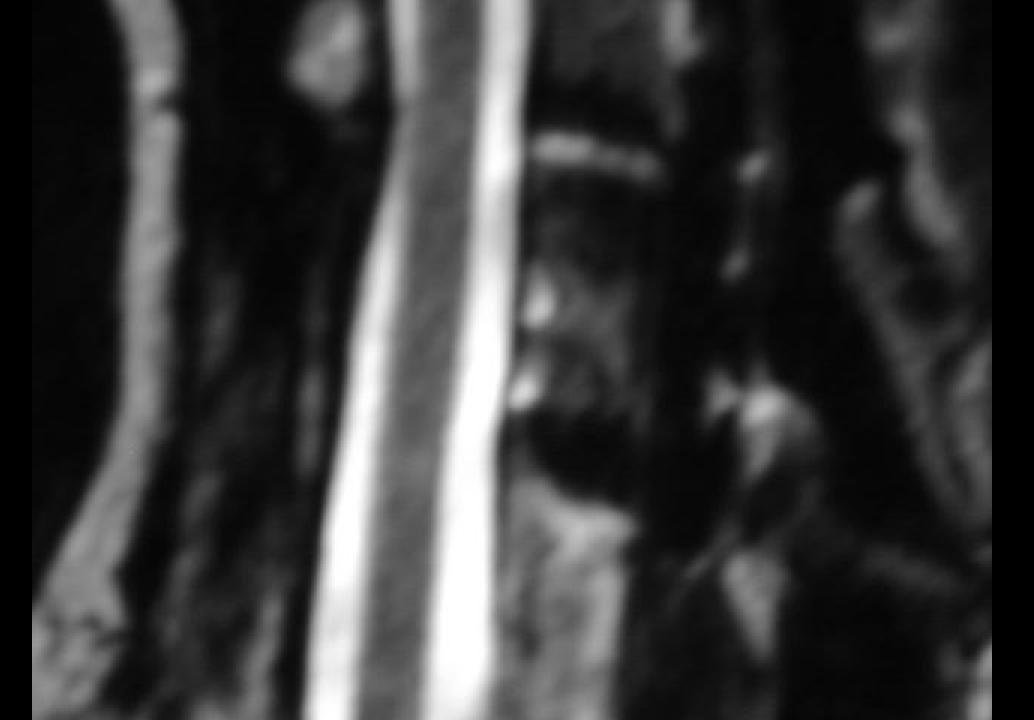


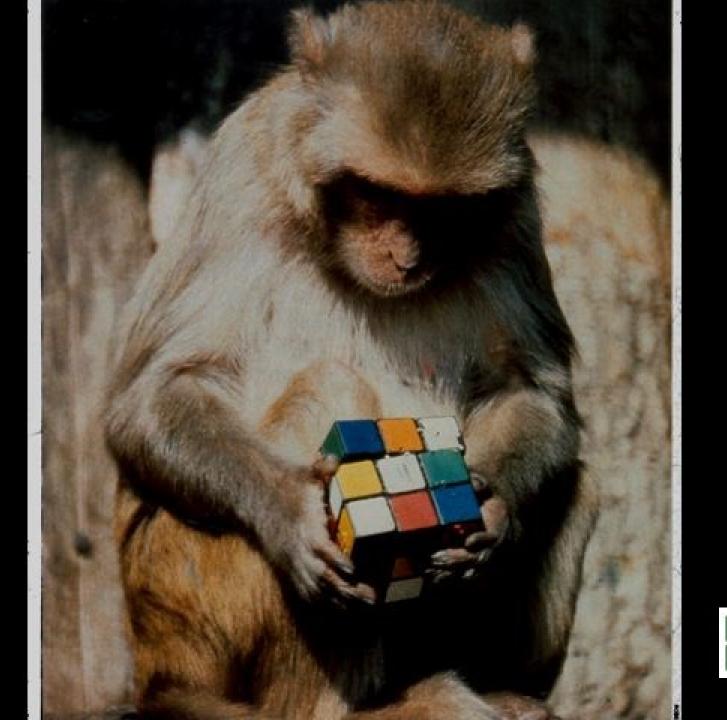




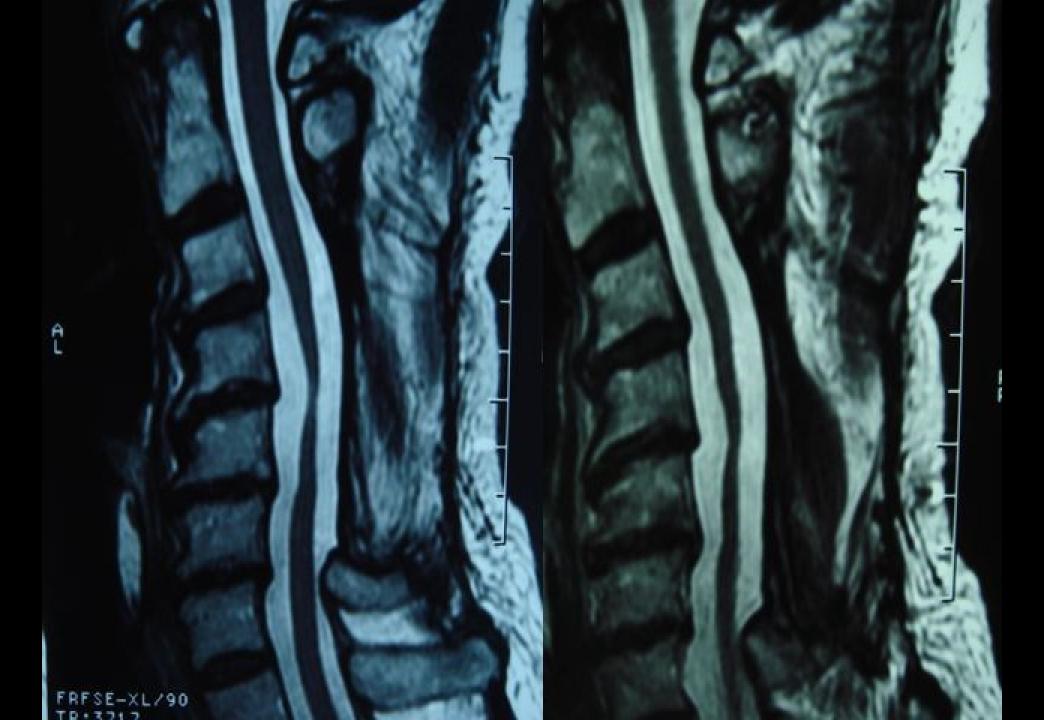










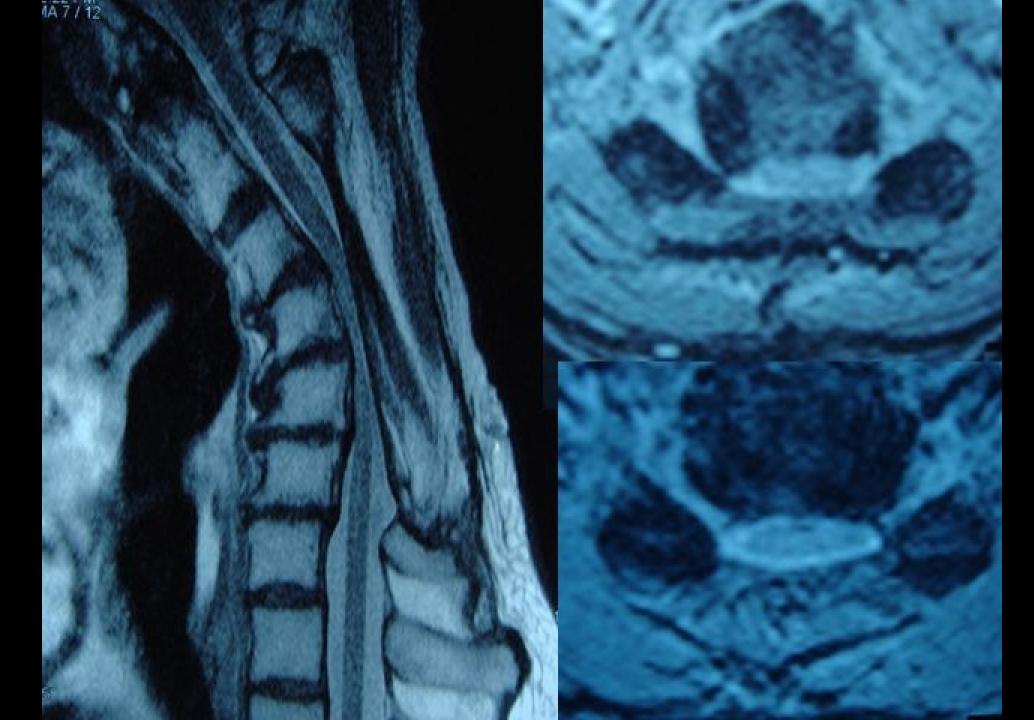


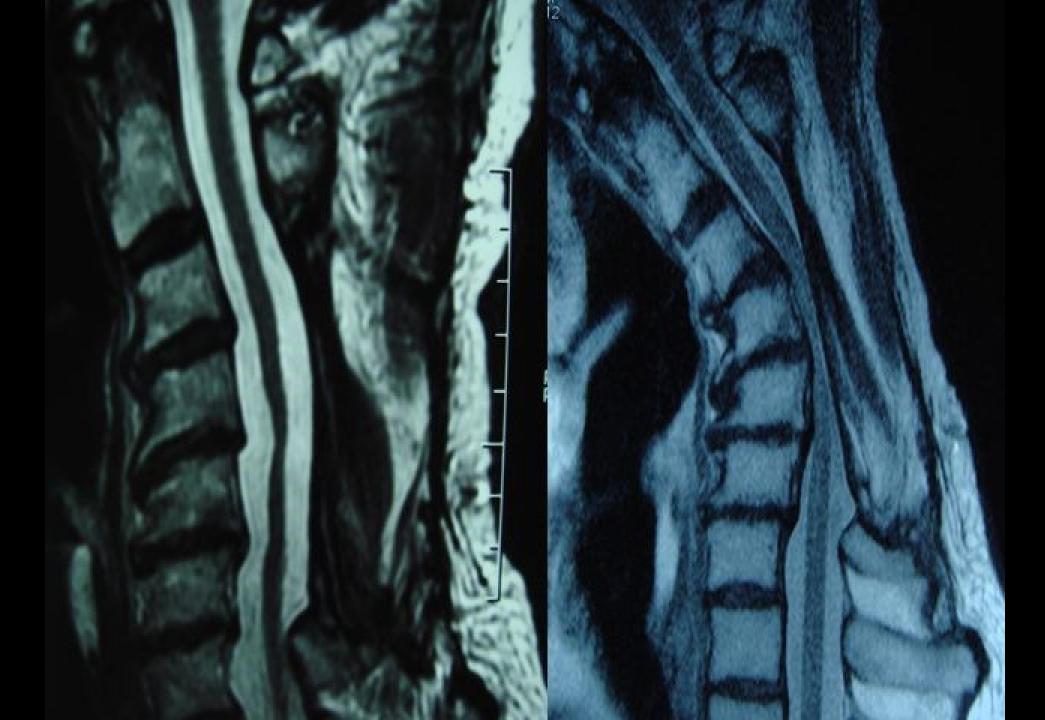
CSM

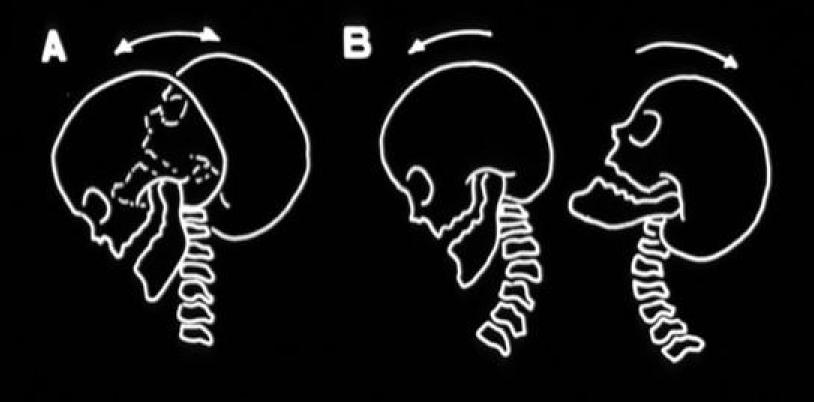
Repetitive Trauma and and Tethering / Distraction











Could Correct Dorsally

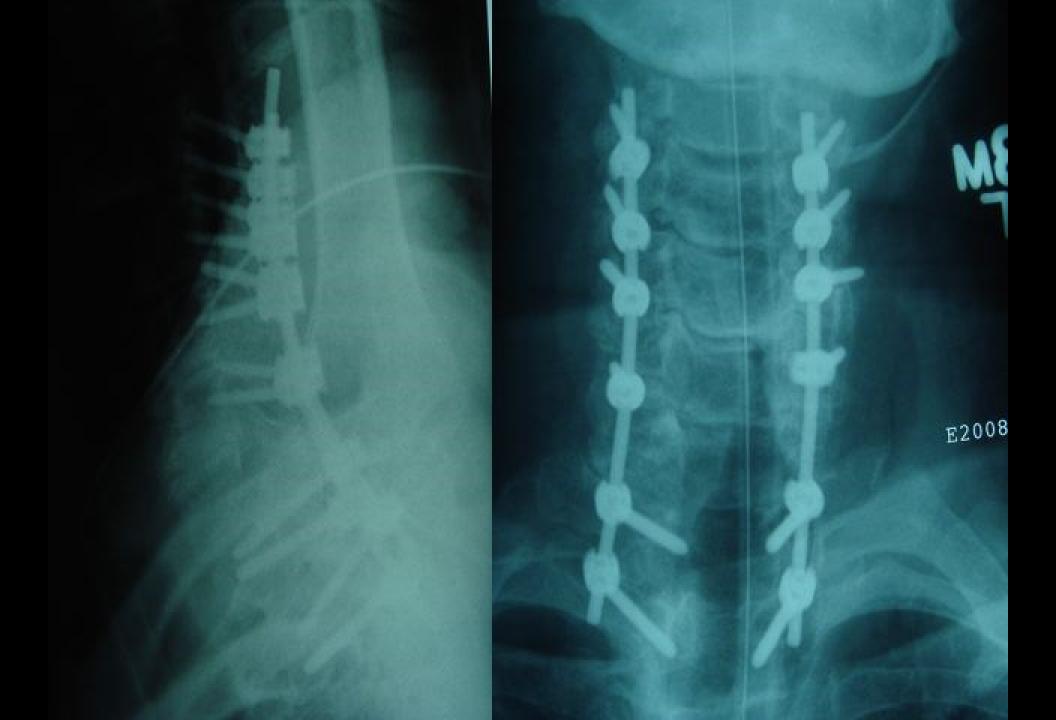
Because Relaxed/Released

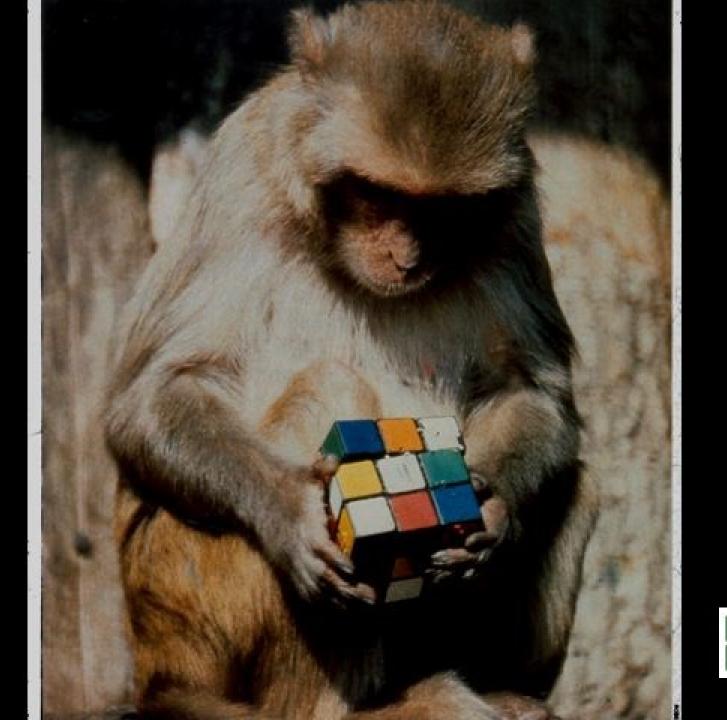




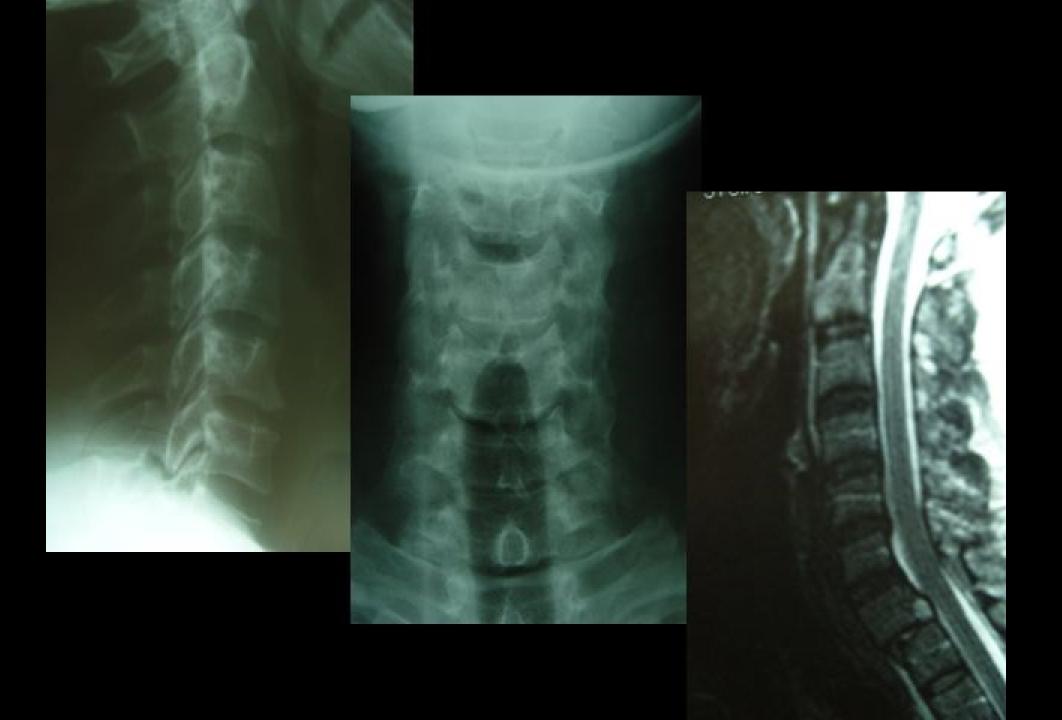


















Could Not Correct Dorsally





Dorsal Releasing (eg Osteotomy) Fixation

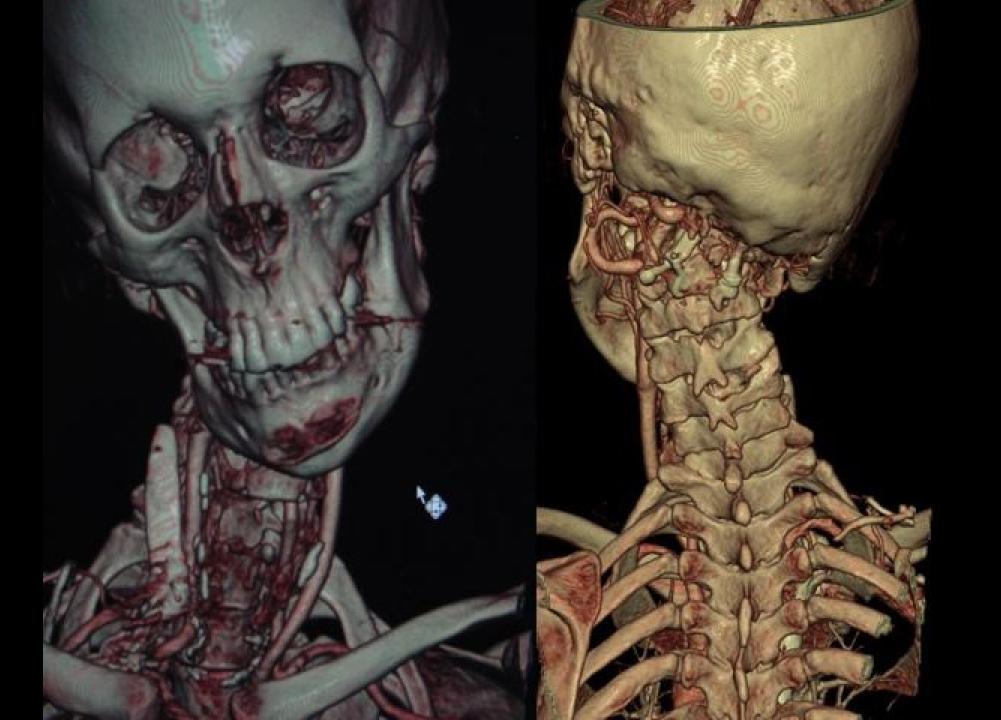
Ventral Releasing Fixation Correction

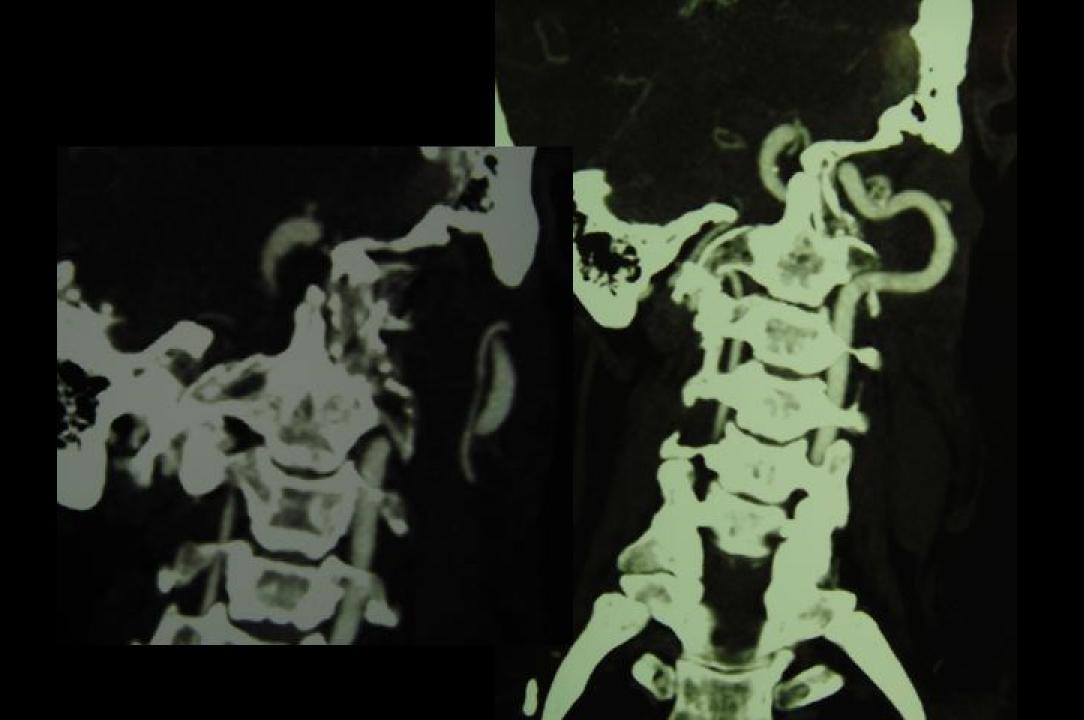


Correct at Another Level





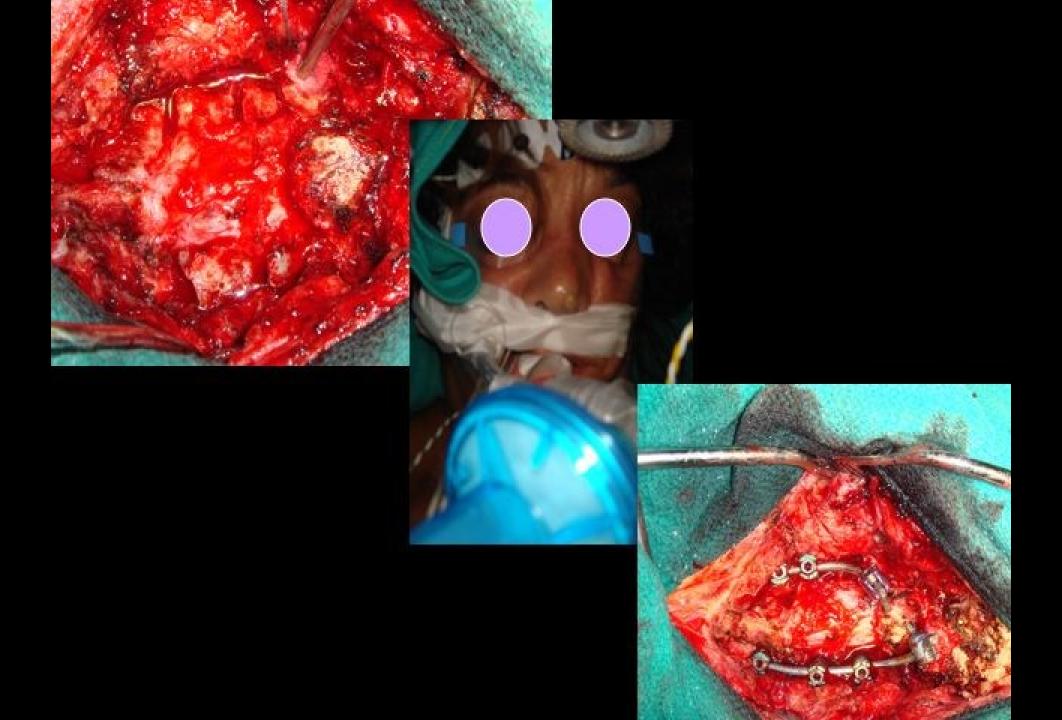










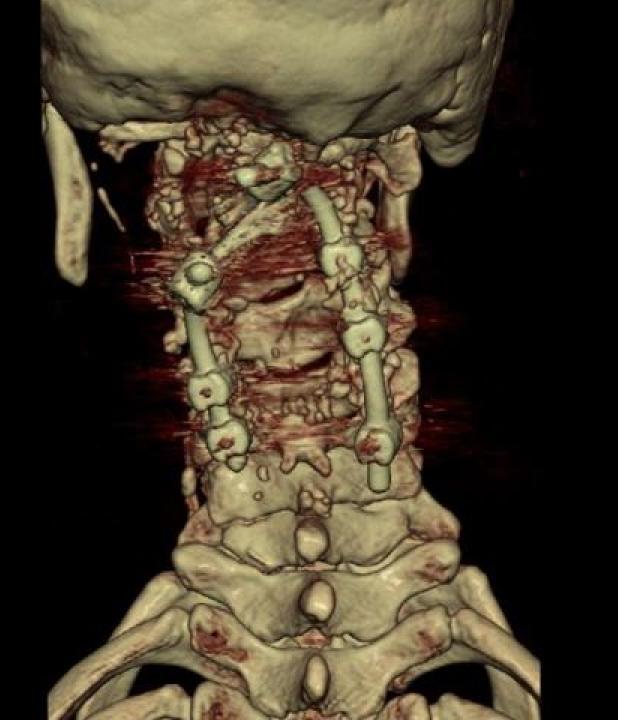












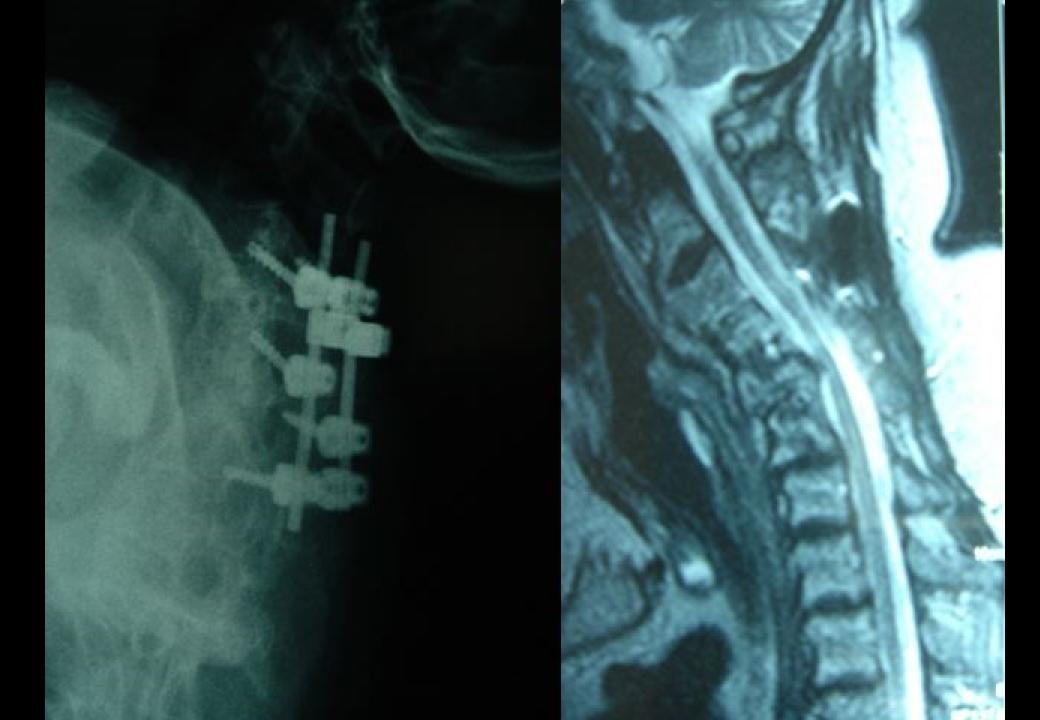
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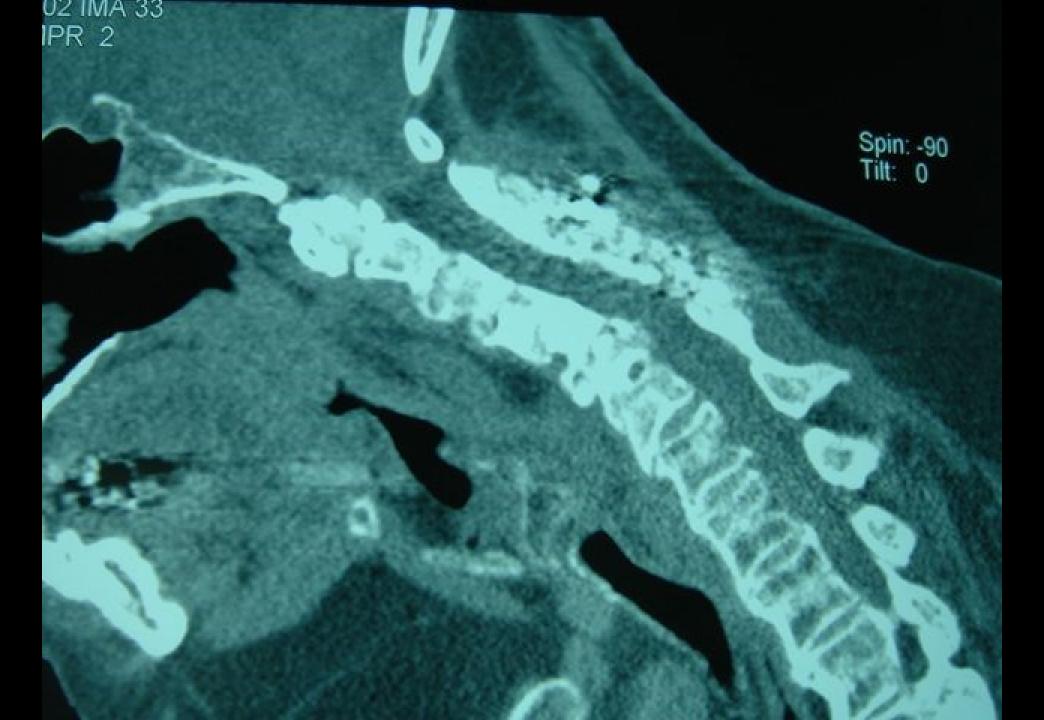
DUMONTHORPENEN DOMESSESS CERNICAL D.TS BOSN Cleveland Ciric CTD Sensation 16 18-Oct-2006 CT



STAGING?

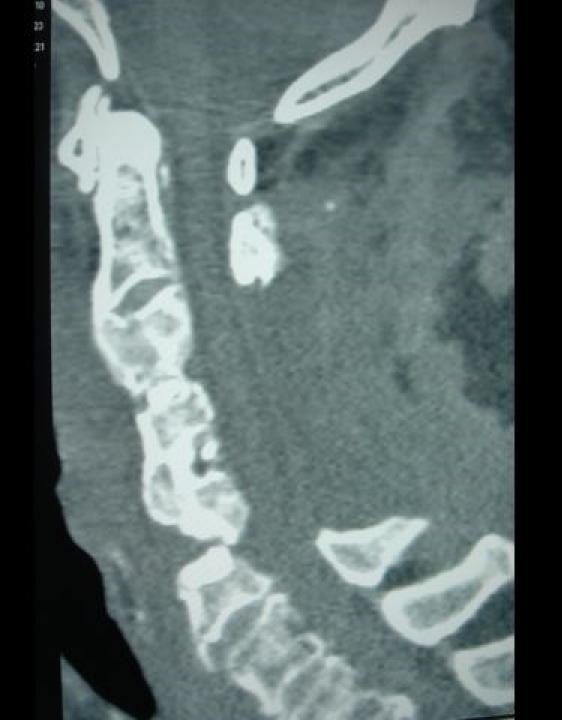




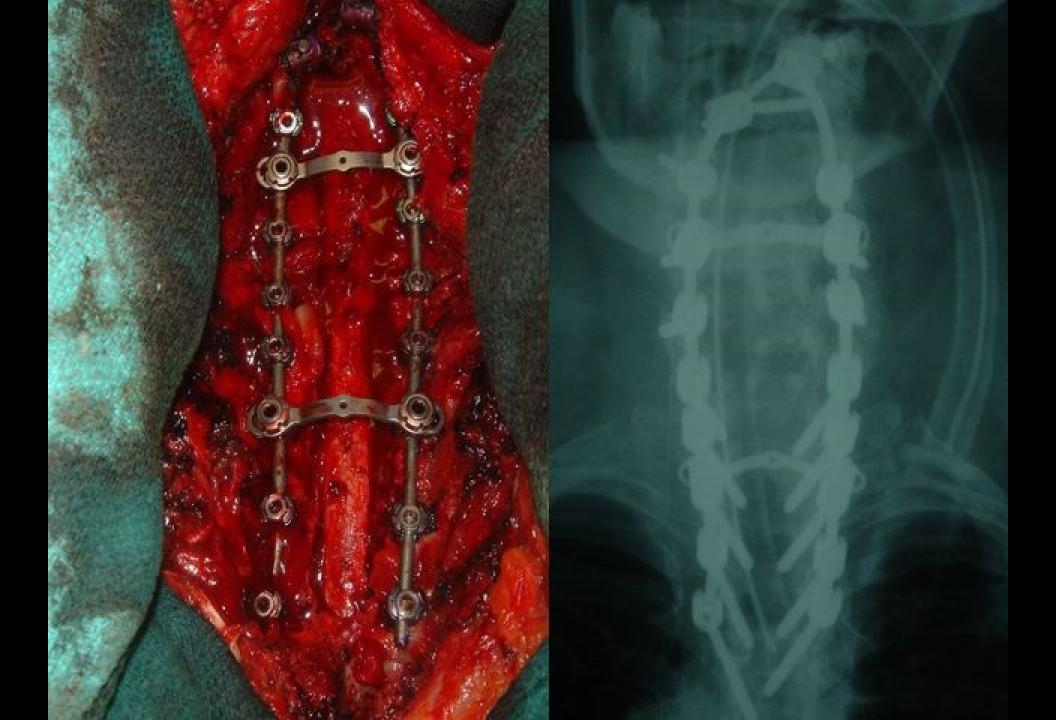








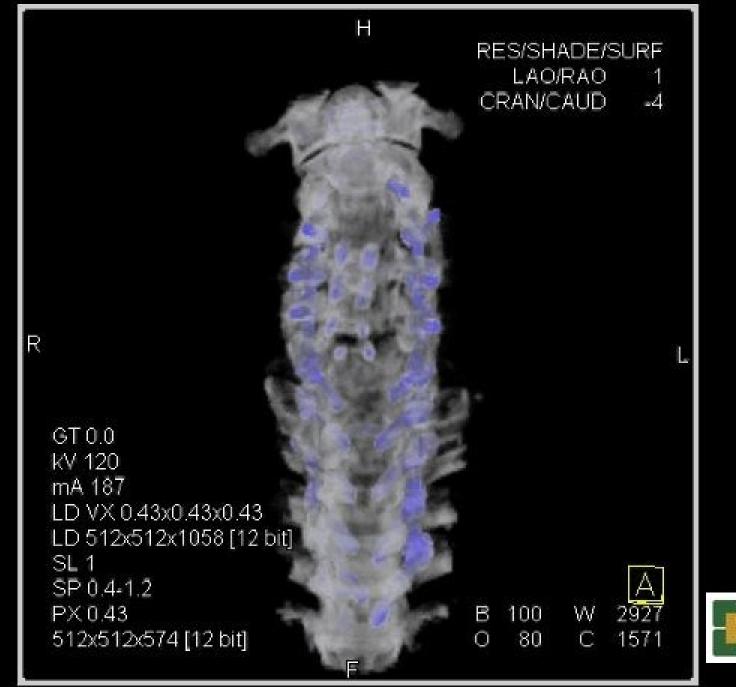










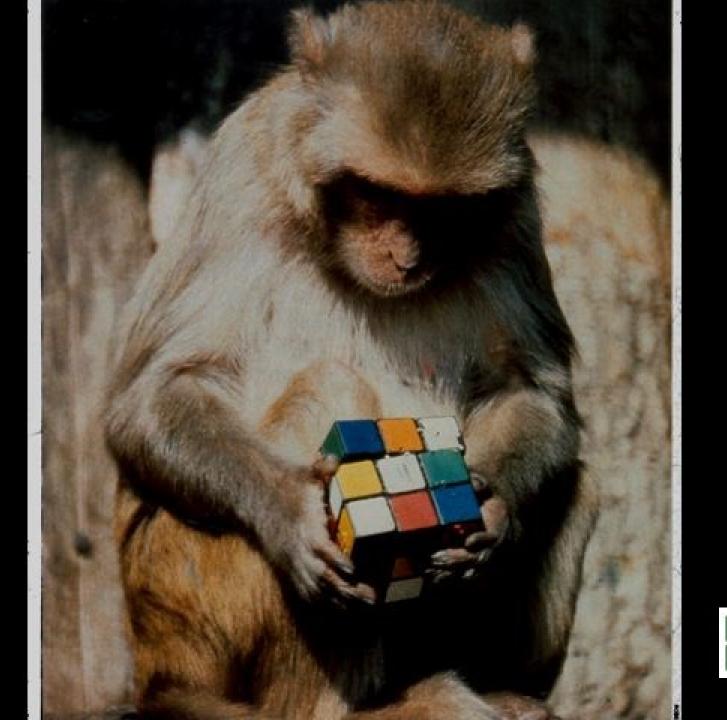














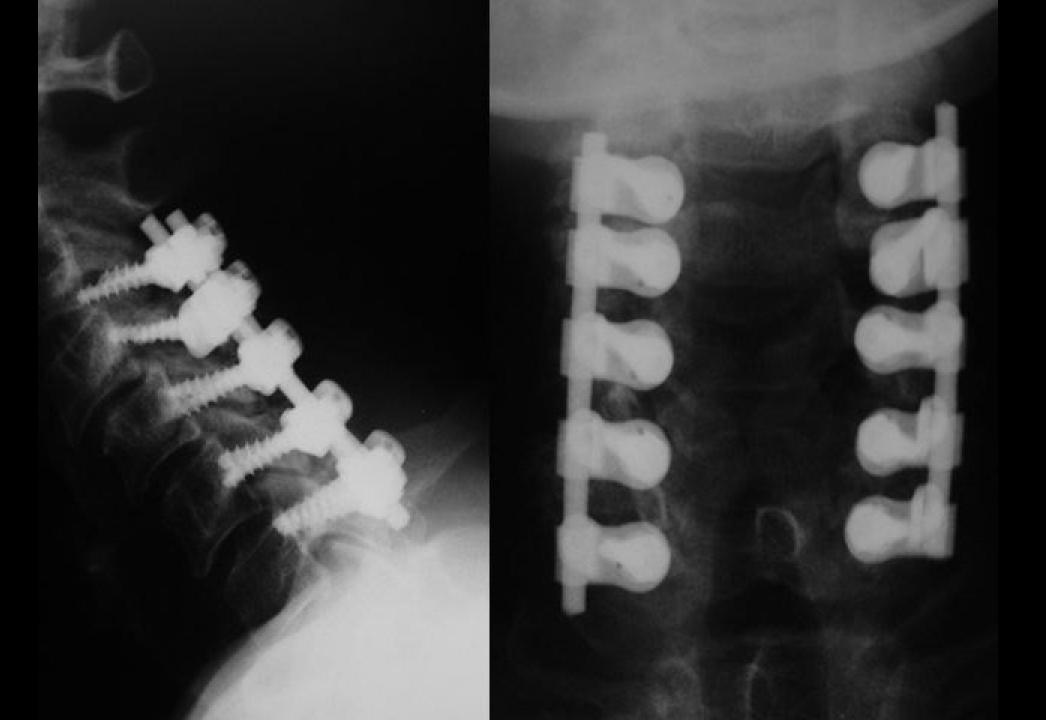
Not Long Enough

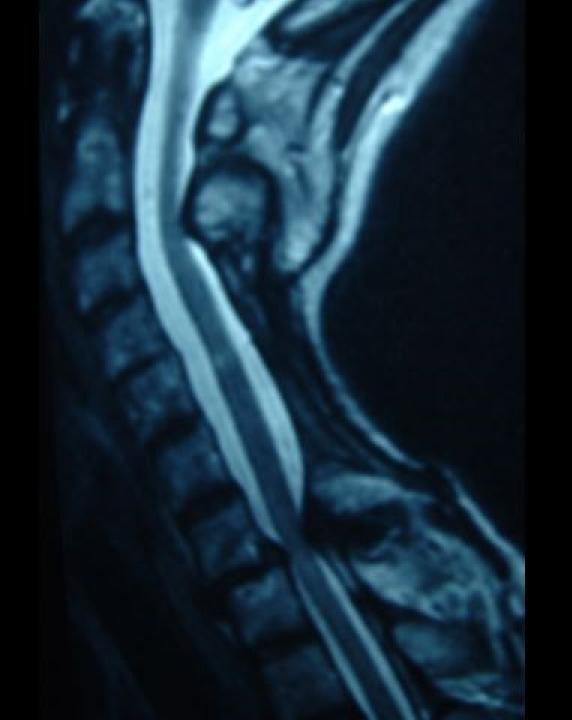


Ended at C7







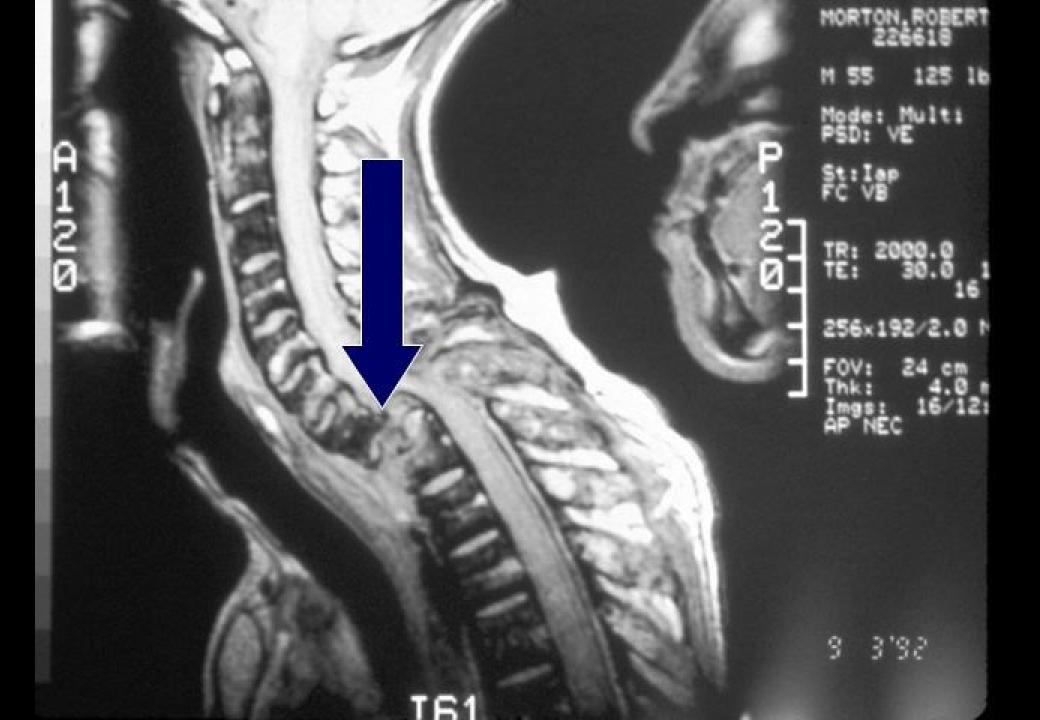


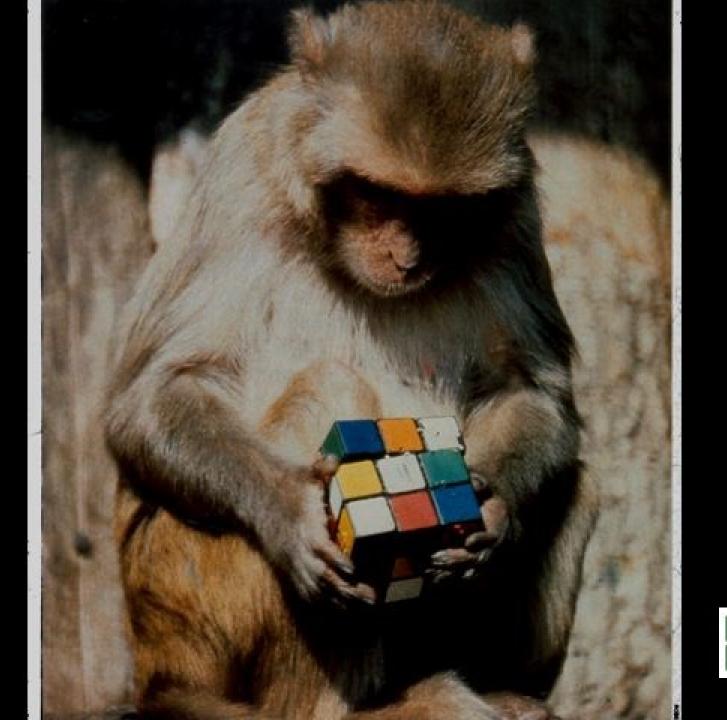




Orientation C7 - T1 Disc Interspace or Pathology









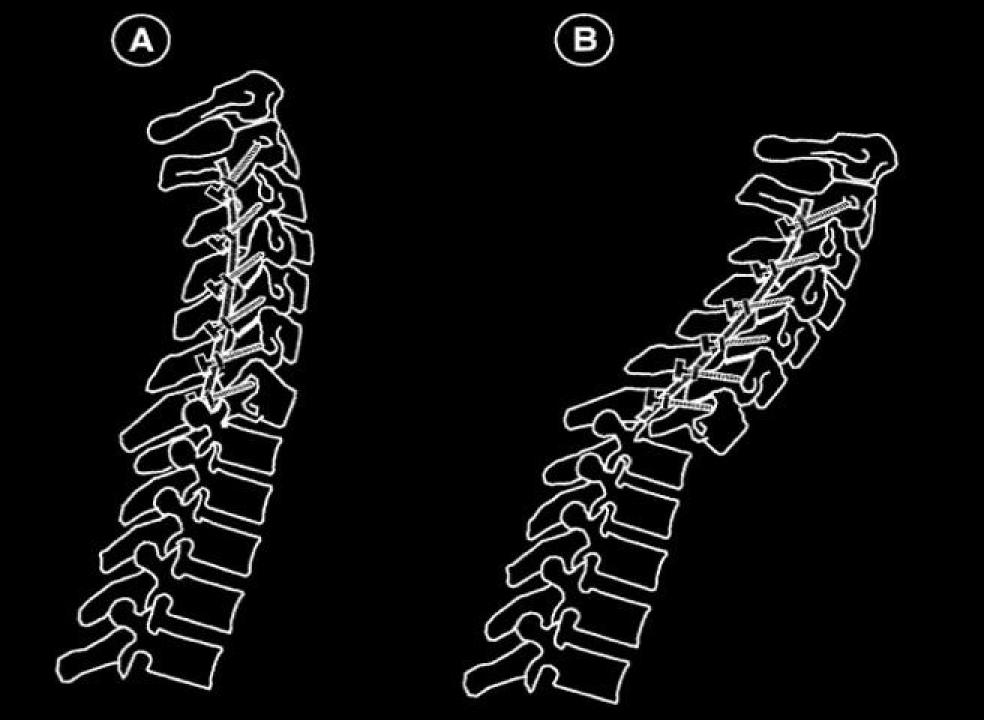
Laminectomy Ventral Multi-Level Corpectomies Across the CTJ

Associated with Failure

Supplemental Dorsal Fixation to T1,2

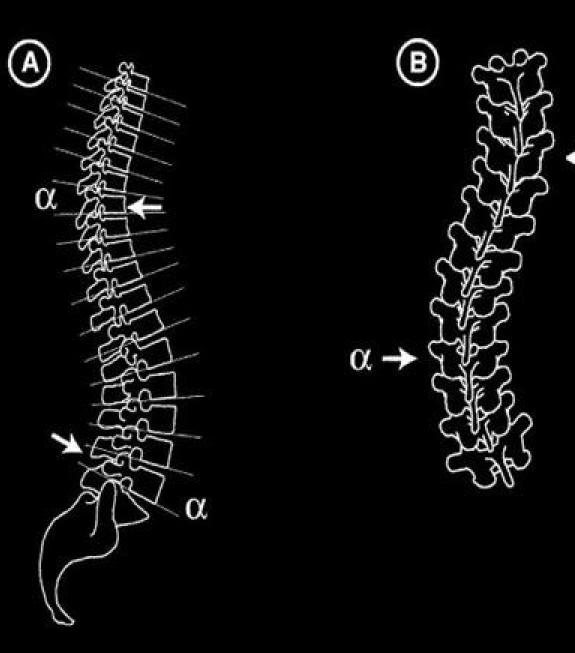
Steinmetz, et al JNS Spine 2006 (14/593 patients structurally failed)



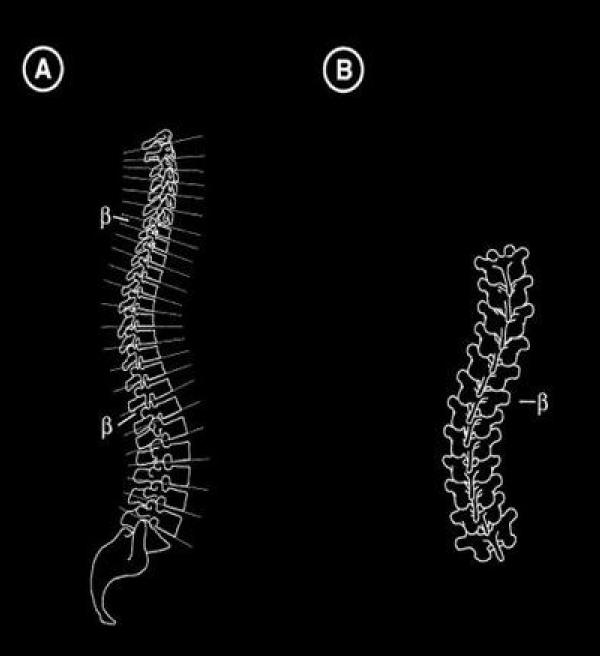




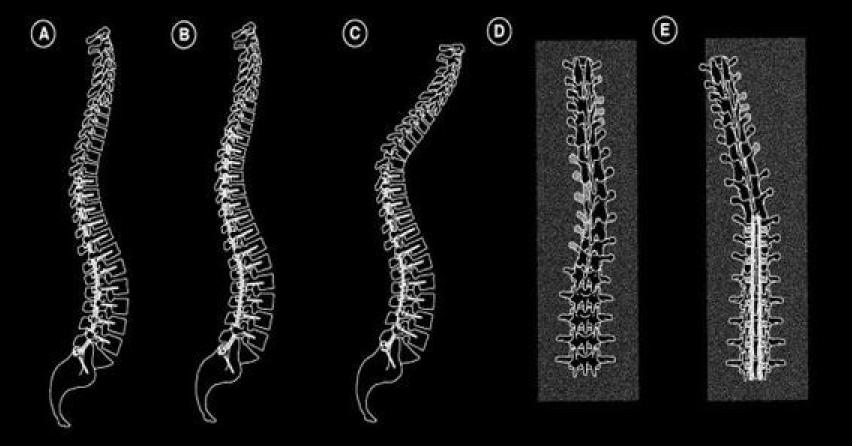




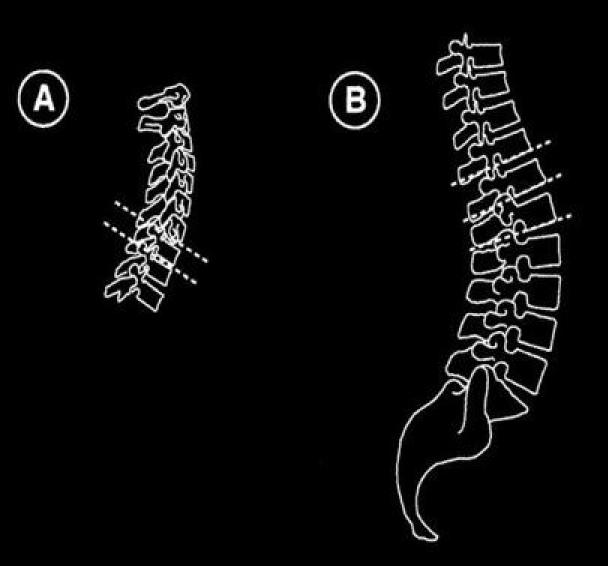




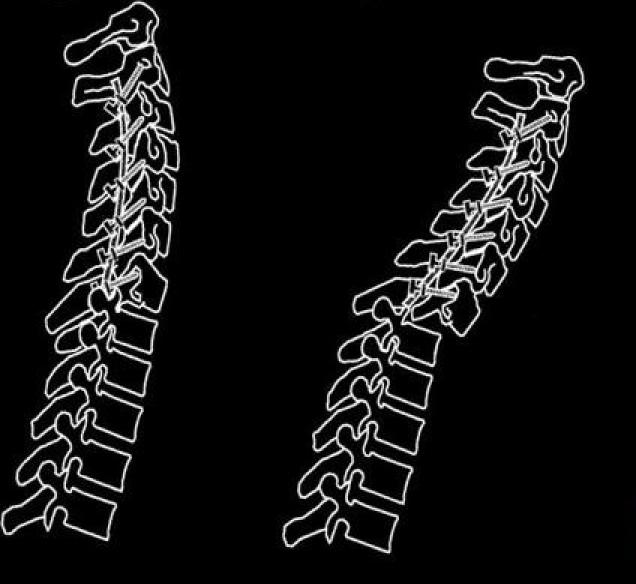












(B)

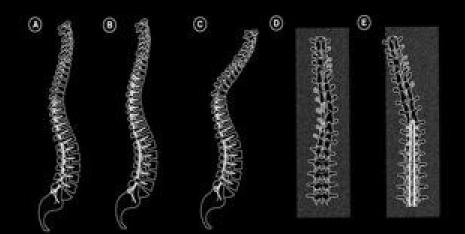


Where to End??

Good

- C5, C6 (from R)
- T1, T2 (from R)
- T3-5 (from C)
- T10-11 (from R or C)
- L1 (+ from R)
- L5, S1, I (from R)

- C7 (± from R)
- T1 (from C)
- T 6-8 (from R or C)
- T12, L1 (from R or C)
- L3-4 (from R)
- L5 (from C if deg or def)





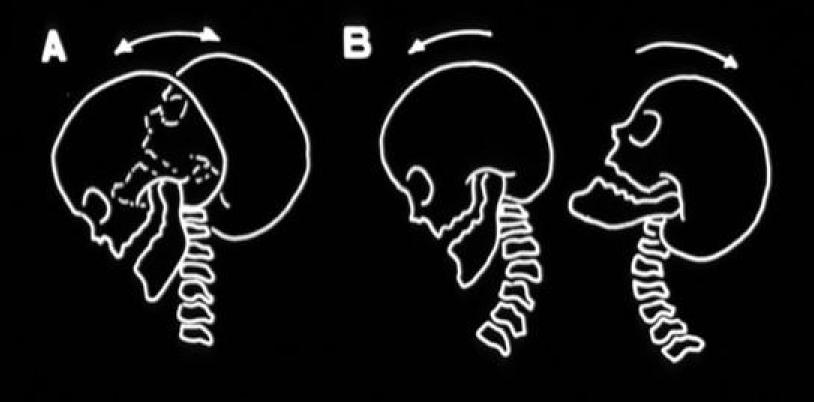
It's a Matter of Balance

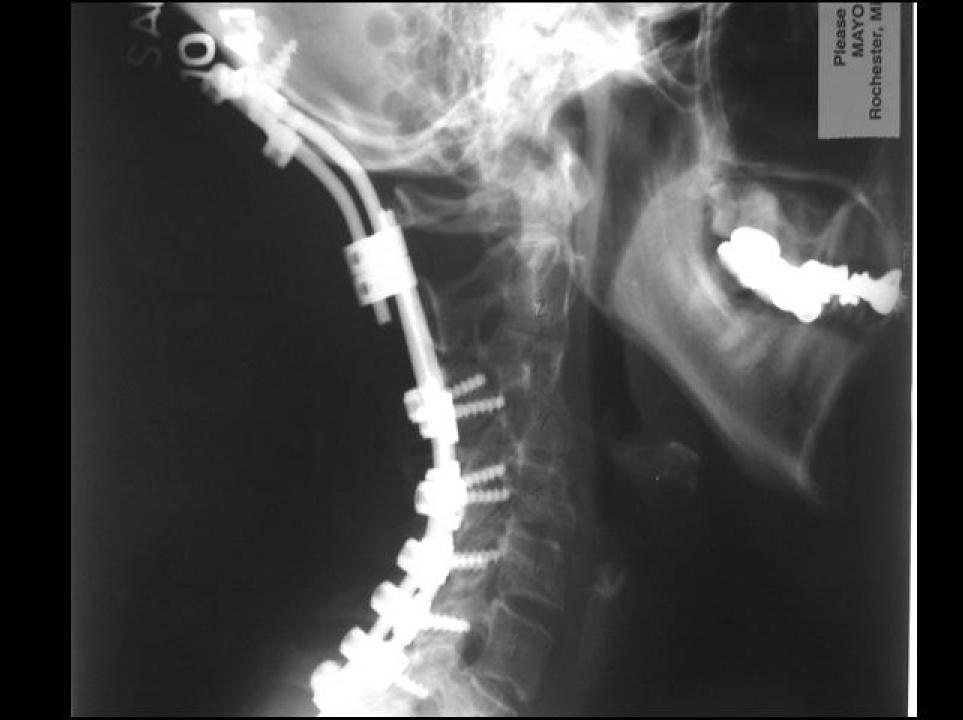




Capital Motion and Posture







Back Pain





Think Globally



